



PanWest Resource Inventory

Lubbock HIV Service Delivery Area

Summer 2016



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RESOURCE INVENTORY LUBBOCK AREA

INFORMATION AND REFERRAL RESOURCES:

211 TEXAS: CONNECTING PEOPLE AND SERVICES

www.211texas.org/guided-search

Dial 211 or 1-877-541-7905

By mail: 2-1-1 Texas I&R Network
P.O. Box 149347, MC 2077
Austin, TX 78714

311 CITY OF LUBBOCK, TEXAS NON EMERGENCY HELP LINE

Dial 311, free call

(Pay phone usage is the cost of a local call)

806-775-3000– Alternate Phone

Website: www.mylubbock.us or www.311.mylubbock.us

TEXAS 411

www.411.com

911

Dial 9-1-1

CONTACT LUBBOCK, INC.

806-765-8393 or 1-800-SUICIDE

E-Mail: info@contactlubbock.org

Website: <http://www.contactlubbock.org/>

GOLDEN RESOURCE DIRECTORY – SERVICES FOR SENIORS

806-687-0940

1-888-418-6564

RED BOOK, SOUTH PLAINS HEALTH & HUMAN SERVICES INFORMATION & REFERRAL DIRECTORY

806-762-8721

HOTLINE RESOURCES:

(Most are national hotlines)

Alcohol & Substance Abuse

Alcohol Addiction 24-hour hotline

1-800-421-1267

(Live Advisor 24/7)

www.americanaddictioncenters.org

National Alcoholism & Substance Abuse

Information Center

1-800-784-6776

www.addictioncareoptions.com

Center for the Study of Addiction & Recovery

(Lubbock, TX 79409)

806-742-2891

Domestic Violence

National Domestic Violence Hotline

1-800-799-7233

National Teen Dating Abuse Helpline

1-866-331-9474

Hepatitis C

Help for Help C

Non-Profit Peer-to-Peer Helpline

1-877-435-7443

www.help4hep.org

HIV/AIDS

HIV/AIDS Hotline

Texas = 1-800-299-2437

www.projectinform.org

CDC National AIDS Hotline

1-800-232-4636 (English & Spanish)

CDC National AIDS Clearinghouse

(Information and Publication orders)

1-800-458-5231 (English & Spanish)

Monday-Friday 9:00 am to 6:00 pm

AIDS HIV Nightline

1-800-628-9240

5:00 pm to 5:00 am (Pacific Time)

Suicide Prevention/Depression

Suicide Prevention Lifeline

1-800-273-8255 (24 hours/7 days)

1-800-784-2433 (teens)

1-800-273-8255 (Press 1) (Military Veterans)

1-800-273-8255 (Press 2) (Spanish)

1-866-U-TREVOR (LGBT Youth)

www.suicidepreventionlifeline.org

www.facebook.com/800273talk

Youth America Hotline

Teen to teen telephone peer counseling network

1-877-968-8454

Stop Human Trafficking

National Human Trafficking Resource Center

1-888-373-7888 (24-hour hotline)

www.traffickingresourcecenter.org

Substance Abuse & Mental Health Services

Substance Abuse & Mental Health Services

Referral Service

1-800-662-4357

SAMHSA

1-877-726-4727 (24 hour hotline)

1-800-487-4889 (TDD)

English & Spanish

www.samhsa.gov

ACCION FOR RURAL WEST TEXAS
AGAINST COLORECTAL CANCER IN OUR NEIGHBORHOOD

Department of Public Health
3601 4th Street
STOP 9430
Lubbock, TX 79430
806-743-4086
Fax: 806-743-4089

Contact: Liesl Wyett
Texas Tech University
Health Sciences Center
Department of Public Health
Office: 806-743-7602
Liesl.e.wyett@ttuhsc

Website: ttuhsc.edu/gsbs/publichealth/accionwt/about.aspx

Social Media: 

Description/Areas Served: Crosby, Floyd, Garza, Hale, Hockley, Lamb, Lubbock, Lynn and Terry.

Services Offered: Provides colorectal cancer screenings and colonoscopies for uninsured persons ages 50-75.

Days/Hours: Call for hours

Fees/Funding: No cost/Grant-funded by CPRIT and offered through the Department of Public Health at the Texas Tech University Health Sciences Dept.

ACCOLADE HOSPICE

5201 Indiana Avenue
Suite 101 South
Lubbock, TX 79413
806-788-0158 or toll free 877-788-0158
Fax: 806-788-1561

Contact: Amanda Hunsaker, Agency Administrator
Cathy Banks, Agency Director

Website: www.accoladehomecare.com

Description/Areas Served: Parmer, Castro, Swisher, Briscoe, Hall, Childress, Bailey, Lamb, Hale, Floyd, Motley, Cottle, Cochran, Hockley, Lubbock, Crosby, Dickens, King, Yoakum, Terry, Lynn, Garza, Kent, Stonewall, Gaines, Dawson, Borden, Scurry, and Fisher.

Services Offered: Options for patients and families facing illness that is treatable but not curable, hospice is available to anyone with a life expectancy of six months or less, eligibility must be certified by the patient's physical or hospice medical director, service includes skilled nurses, social worker, chaplain, hospice care aides.

Days/Hours: Monday-Friday, 8:00am-5:00pm, phone answered 24 hours daily.

Fees/Funding: Medicaid, Medicare reimbursement

AREA AGENCY ON AGING OF THE PANHANDLE
SOUTH PLAINS ASSOCIATION OF GOVERNMENTS

1323 58th Street
Lubbock, TX 79452
806-687-0940
Fax: 806-765-9544
Toll-Free: 888-418-6564

Mailing Address:

P.O. Box 3730
Freedom Station
Lubbock, TX 79452

Contact: Francisco Sotelo

Website: www.spag.org

Email: fsotelo@spag.org

Description/Areas Served: City of Lubbock and surrounding areas

Services Offered: The Care Coordination program provides assistance to senior citizens 60 years and older who are in need of services that include minor residential repair, emergency response systems, eye exams and eyeglasses, hearing aids, prescription medications, dental service and durable medical equipment such as walkers, and lift chairs. Additional programs include Homemaker Services, Personal Assistance, Adult Day, Chore Maintenance, and Medication transportation. The purpose is to promote healthy independence at home.

Days/Hours: Monday through Friday, 8:00am-5:00pm

AUSTIN STREET CHURCH OF CHRIST

510 Austin Street
P.O. Box 536
Levelland, TX 79336
806-894-4410

Social Media: 

Description/Areas Served: Hockley County

Services Offered: Prescription medication assistance; food pantry.

Days/Hours: Call for hours

BACKYARD MISSION (BYM) & ADOPT-A-HOUSE PROGRAM

8205 Quincy Avenue
Lubbock, TX 79424
806-300-0184

Contact: Laurie Foster (Founder/Director)

E-Mail: lfoster@backyardmission.org

Website: www.backyardmission.org

Description/Areas Served: City of Lubbock only

Services Offered: Must apply to determine eligibility. Age 60 and older, low-income as determined by the City's income guideline table (cannot exceed 80% of median income), must provide proof that own home or are purchasing home (NO RENTAL), must live in home, home must be in Lubbock, repairs address warm and dry issues not home makeovers, work on living space only, NO room additions or remodels, NOT an emergency response program; waiting period is 1-2 years for volunteer labor (BYM), but if homeowner is able to do the work, BYM can provide materials and it takes 1-2 weeks to get the materials. Once materials are delivered or a voucher issued, repairs must be completed within 30 days (this is offered March – October). For mobile homes, only materials are available but not help with labor. Wall heaters and water heaters require payment to licensed professionals to be installed and there is not a waiting list. BYM does not re-plumb or re-wire an entire house. Typical things BYM helps with: leaking roofs, exterior paint, siding repair, broken windows/storm windows (do NOT replace existing windows), exterior doors/storm doors, heater repairs/replacement, water heater repairs/replacement, plumbing repairs, window A/C units. THERE IS A DOLLAR LIMIT PER HOUSE AND NOT ALL REPAIRS CAN BE DONE ON ONE HOME.

Days/Hours: Monday – Friday, 9:00am-4:00pm

Fees/Funding: Private donations, grants

BLISS DENTAL

4819 Avenue Q
Lubbock, TX 79412
806-741-4101
Fax: 806-741-4104

Website: blissmiles.com

Social Media: 

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: General and specialty dentistry. Walk-ins are welcome or you can call for an appointment.

Days/Hours: Monday through Friday 9:00am-6:00pm; Saturday 9:00am-3:00pm

Fees: Flat-fee, CHIP, Medicaid and private insurance

BROADWAY CHURCH OF CHRIST

1924 Broadway Street

Lubbock, TX 79401

806-763-0464

Contact: Karl Ihfe, Senior Minister

Website: www.bwaychurch.org

Social Media:  

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: Prescription medication assistance; food pantry.

Days/Hours: Call for hours

CARPENTER'S CHURCH

1916 13th Street (13th and Avenue T)
Lubbock, TX 79405
806-766-2453

Website: www.carpenterslubbock.org

Social Media:   

Description/Areas Served: Lubbock

Services Offered: Food services; also the only day shelter in Lubbock which is open daily to the public. While their main focus is homeless, they also offer monthly Health Fairs, are currently building a housing project, provide NA/AA support groups, and work with prevention of sex trafficking.

Days/Hours: Call for hours of operation

CATHOLIC CHARITIES, DIOCESE OF LUBBOCK (FORMERLY CATHOLIC FAMILY SERVICE)

102 Avenue J
Lubbock, TX 79401-1438
806-765-8475
Fax: 806-765-8630

Website: www.cclubbock.org

Social Media: 

Description/Areas Served: Lubbock and 30 surrounding counties.

Services Offered:

1. Youth and Families:
 - a. Services to At-Risk Youth (STAR): Free crisis counseling for youth 0-17 and their parents; free parenting classes; dating violence prevention; Safe Place – a service that provides numerous safe outlets for runaway youth in the community aside from that at the Catholic Charities main office – call 24-hour hotline (1-800-530-4704) or text “SAFE” with location (address/city/state) to 69866; Tobacco Cessation.
 - b. Runaway Homeless Youth (RHY): Emergency temporary shelter, skill building, and counseling for youth 10-17 and their families. 24-hour hotline (1-800-530-4704). Monday through Friday, 8:00am-5:00pm.
 - c. 21st Century: Parent Enrichment Programs and Social Services for families whose children are enrolled in the After School Center for Education (ACE) before and after school programs.
2. Family Counseling: Individual, marital, family counseling, anger management.
3. Immigration and Legalization: Immigration and US citizenship assistance. Contact Rosario Jimenez, Director, 806-741-0409. Monday through Friday, 8:30am-5:00pm; first Saturday of the month (unless it is a holiday), 9:00am-12:00pm.
4. Emergency Assistance: Ease crisis caused by lack of funds or life-altering situations: helps with food, utilities, medications, clothing and eyeglasses (City of Lubbock only), counseling and referrals.
5. Parent Empowering Program (PEP): Assists low-income families with at least one child under the age of 18: finish their college education (undergraduate only); pay for the cost of their GED test. Those in the program can be assisted with aid in: tuition, rent, utilities, books, uniforms, and mileage reimbursement. There is currently a wait list for this program. Contact Sabrina Robbins, 806-765-8475. (Serves only those in Lubbock County)
6. Nutrition and Wellness: Classes which teach participants how to become savvier and healthier shoppers, healthier eaters, and ware of the food they eat. Program is free for all who wish to attend. Contact Rachel Gentry, 806-765-8475.

7. Resale Center: 1505 34th Street (near I-27 and 34th Street). 806-763-8315 Hours: Monday through Saturday, 9:30am-5:30pm. Closed on Holidays. Provides clothing, household appliances, and furniture for every need. Through Emergency Assistance they are able to provide a Wish List of items. Appointments for the Wish List can be made at the main office. Donation Center is located at 2218 34th Street (near University Avenue & 34th Street). Hours: Monday through Saturday, 9:30am-4:00pm.

Bus passes are available.

Days/Hours: For most services: Monday – Friday, 8:00 am-5:00 pm. Call to see if an appointment is needed.

Fees/Funding: United Way, Covenant Hospital, donations, federal funds

CENTRAL LUBBOCK CHURCH OF CHRIST (INSIDE/OUT PROGRAM)

1409 23rd Street,
Lubbock, TX 79405
806-744-8633

Social Media: 

Description/Areas Served: Lubbock County

Services Offered: Health education/risk reduction, HIV prevention education, street outreach, peer education, substance abuse intervention, support groups, peer counseling, food pantry, clothing assistance, Imani House (emergency shelter), transitional living centers for men and women, family and individual counseling to the general public. Individuals needing specific HIV services are referred to 211.

Days/Hours: Call for days and hours of operation

CENTRAL PLAINS CENTER

2700 Yonkers
Plainview, TX 79072
806-293-2636
24-hour Crisis Hotline: 1-800-687-1300

Contact: Sherri Bohr, Chief Services Officer

Website: www.centralplains.org

Description/Areas Served: Parmer, Castro, Swisher, Briscoe, Bailey, Lamb, Hale, Floyd and Motley

Services Offered:

1. Adults, Children and Adolescents: Mental health services, including case management. Substance abuse services, and a Jail Diversion Program. 806-296-2726.
2. Early Childhood Intervention (ECI): 806-296-2726.
3. Intellectual and Developmental Disabilities (IDD): 806-296-2726.
4. Substance Abuse Treatment Program: 806-291-4422. This is a 12-bed residential treatment program for adolescent boys. It is a 90-day treatment program.
5. Crisis Services: Services consist of a 24 hour, 7 days a week Crisis Hotline (1-800-687-1300); Mobile Crisis Outreach Teams; and Crisis Respite Services – two locations with a total of four beds; Crisis Transportation; and Crisis Flexible Funds – funds utilized to provide non-clinical supports for the purpose of reducing crisis situations and enhance the individual's ability to remain in the home or community.
6. Rural Children's Initiative (RCI): Call for details on this new program.

Days/Hours: Call for hours of operation.

CITIBUS – LUBBOCK

801 Texas,
Lubbock, TX 79401 or 801 Broadway Avenue (bus plaza)
(Mail: P.O. Box 2000, Lubbock, TX 79401)
806-712-2000
Fax: 806-712-2012

Website: www.citibus.com

Description/Areas Served: City of Lubbock

Services Offered: Bus service on fixed routes plus Evening Service and Paratransit

Days/Hours: Monday – Saturday – times vary from early morning to night.
Fixed route system operates Monday-Friday, 5:25am – 7:45pm and Saturdays, 6:45am – 7:55pm.
Evening Services requires registration: Monday – Saturday, 6:45pm - 10:30pm
Paratransit service requires an application process Monday – Saturday, 6:00am – 6:45pm

Fees/Funding: Funded by Federal, state, and local government.

COALITION OF HEALTH SERVICES, INC./UNITING PARENTS

COALITION OF HEALTH SERVICES, INC.

2813 West 8th
Plainview, TX 79072 (sub office, main office in Amarillo)
806-337-1700

Contact: Carolyn Witherspoon, Executive Director

Website: www.cohs.net

UNITING PARENTS

8212 Ithaca, Suite W-11
Lubbock, TX 79423
806-785-5818
Fax: 806-687-0249

Contact: Maria Garcia, Program Director (806-337-1700 ext. 212)

E-Mail: maria.garcia@cohs.net

Website: unitingparents.cohs.net

Description/Areas Served: Plainview, Lubbock and other areas. Call for information.

Services Offered:

COALITION FOR HEALTH SERVICES, INC. provides:

1. Breast and Cervical Cancer Services: This program targets women 50-64 who are at or below 200% of poverty. Clinics where the services can be received:
 - Texas Panhandle Family Planning & Health Centers, 1501 South Taylor, Amarillo, TX (806-372-8731)
 - Harrington Comprehensive Breast Center, 1310 Wallace Blvd., Amarillo, TX
 - Northwest Women and Children's Clinic, 814 Martin Road, Amarillo, TX 806-468-4390
 - Claude Medical Clinic, 201 S. Park, Claude, TX (806-886-5611)
2. Primary Health Care: This program provides prevention-oriented, education-based primary health care to Texas residents who could otherwise not receive such care. Eligibility is limited to those Texas residents whose gross family income is at or below 150% of the Federal Poverty Income Guidelines and who do not qualify for any other programs or benefits that provide the same services.
3. Care for Kids: This program offers outreach and information for several programs including Children's Medicaid and the Children's Health Insurance Program (CHIP), TANF (Temporary Assistance for Needy Families), food stamps, the Women's Health Program, CHIP Perinatal and Long-Term Care.

4. They also assist senior citizens in completing the application for Long Term Care; and provide resource information at various Senior Citizen Centers in the coverage area.

UNITING PARENTS provides:

Parent case management programs for families of children with chronic illnesses and/or disabilities.

Days/Hours: Call for hours of operation

Fees/Funding: DSHS

COCHRAN COUNTY SENIOR CITIZENS ASSOCIATION

120 West Wilson Avenue

Morton, TX 79346

806-266-5121

Social Media:  

Description/Areas Served: Lubbock

Services Offered: Provides transportation to Lubbock for doctor's visits and around town.

Days/Hours: Monday through Friday – 9:00am-5:00pm

COMMUNITY HEALTH CENTER OF LUBBOCK, INC (CHCL) (FQHC)

1313 Broadway, Suite 5
Lubbock, TX 79401
806-765-2611
Fax: 806-687-5826

Website: www.tachc.org/center/community-health-center-of-lubbock-inc

Description/Areas Served: Lubbock County

Services Offered: Federally qualified health center (FQHC): the center maintains service sites and provides services such as primary medical care, dental, eye care, health education, nutrition counseling, social services, family planning, HIV/AIDS testing and counseling, transportation assistance, laboratory, pharmacy, substance abuse counseling, and mental health counseling.

The service delivery sites are:

Community Health Center of Lubbock

1318 Broadway
Lubbock, TX 79401
806-765-2611
Fax: 806-687-5826
Hours: Monday through Friday, 8:00am-5:00pm;
Tuesday, Thursday, 5:00pm-6:00pm
(Pediatrics Only)

Community Health Center of Lubbock-Dental

1318 Broadway
Lubbock, TX 79401
806-765-2611
Fax: 806-765-2637
Hours: Monday through Friday, 8:00am-5:00pm;
Closed at lunch

Community Health Center of Lubbock-Women

1318 Broadway
Lubbock, TX 79401
806-765-2611
Fax: 806-765-2604
Hours: Monday through Friday, 8:00am-5:00pm;
Closed at lunch

John Busseler Eye Clinic

1318 Broadway
Lubbock, TX 79401
806-765-2611
Fax: 806-767-0589
Hours: Monday through Friday, 8:00am-5:00pm;
Closed at lunch

Arnett Benson Medical & Dental Clinic

3301 Clovis Road
Lubbock, TX 79415
806-763-5557
Fax: 806-765-0754
Hours: Medical 8:00am-5:00pm (closed at lunch)
Dental 8:00am-7:00pm (Mon., Tues. &
Wed. – closed at lunch); 8:00am-5:00pm
(Thurs., Fri. – closed at lunch); 8:00am-
12:00pm (1st & 3rd Saturday of the month)

Parkway Community Health Center

406 MLK Boulevard
Lubbock, TX 79403
806-767-9744
Fax: 806-767-9930
Hours: Monday through Friday, 8:00am-5:00pm;
Saturday 9:00am-5:00pm (closed at
lunch)

Chatman Community Health Center

2301 Cedar Avenue

Lubbock, TX 79404

806-749-0024

Fax: 806-771-8477

Hours: Monday through Friday, 8:00am-5:00pm
(closed at lunch)

CHCL 96 West

2401 Fulton Avenue, #B

Lubbock, TX 79407

806-765-2611

Hours: Monday through Friday, 9:00am-6:00pm
(closed at lunch)

CHCL Downtown Clinic

1610 5th Street (Corner of 5th Street & Avenue Q)

Lubbock, TX 79401

806-765-2611

Hours: *Pediatrics* – Mon., Wed., Fri., 8:00am-5:00pm; Tues., Thurs., 8:00am-6:00pm
(closed at lunch)

Adult, Women, Dental & Eye Clinic –
Monday through Friday, 8:00am-5:00pm
(closed at lunch)

Walker House

1614 Avenue K

Lubbock, TX 79401

806-763-7633

(Women's Protective Service—Confidential)

CHCL West Medical & Dental Clinic

5424 19th Street, Suite #200

Lubbock, TX 79407

806-765-2611

Hours: Monday through Friday, 9:00am-6:00pm
(closed at lunch)

CHCL Community Dental Clinic

1826 Parkway Drive, Suite 500

Lubbock, TX 79403

806-687-6259

Fax: 806-687-5286

Hours: Monday through Friday, 8:00am-5:00pm
(closed at lunch)

First United Methodist Church—Homeless Health

1411 Broadway

Lubbock, TX 79401

806-763-4607

Hours: Call for dates, times and requirements.

Days/Hours: Administrative office: Monday through Friday 8:00am-5:00pm

COMPREHENSIVE ENERGY ASSISTANCE PROGRAM (CAEP)

224 South Berkshire
Crosbyton, TX 79322
806-675-7307

Website: www.tdhea.state.tx.us/ea/ceap.htm

Description/Areas Served: Crosbyton and surrounding areas.

Services Offered: Energy assistance program. Need to bring social security cards of all members in the household, bills that person needs assistance paying, and proof of income.

Days/Hours: Call for hours

CORNERSTONE HOMES

222 Rosebud Parkway & MLK Boulevard
Lubbock, TX 79403
806-762-4711

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: Low-income housing. Two and three bedrooms only. If applicant has a felony arrest record that is more than 7 years past, it may be OK to rent to them. There is a waiting list.

Days/Hours: Monday, Tuesday, Wednesday & Friday – 8:00am-12:00pm; Thursday – 10:00am-12:00pm and 1:30pm-4:30pm.

Fees/Funding: HUD housing; rent is 30% of adjusted gross income.

COVENANT HEALTH SYSTEM

COVENANT BEHAVIORAL HEALTH SERVICES

Covenant Medical Center
3615 19th Street
Lubbock, TX 79410
1-800-972-7575 – 24 hour hotline

Website: www.covenanthealth.org

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: Comprehensive treatment for mental and emotional problems, including depression, anxiety and substance abuse.

Days/Hours: Call for hours of operation

Fees/Funding: Financial assistance available

COVENANT WOMEN'S AND CHILDREN'S CENTER

4000 24th Street
Lubbock, TX 79410
806-725-600

Services Offered: Women's and children's health services.

Days/Hours: Call for hours of operation.

COMMUNITY OUTREACH

COVENANT FAMILY DENTAL CLINIC

4122 22nd Place, Suite D
Lubbock, TX 79410
806-725-2222

Services Offered:

- (1) Family Dental Clinic: Lubbock area residents can receive comprehensive dental care at reduced cost at Covenant Children's Dental Clinic. These services, including oral screenings and sealants, are available to all children who are eligible for Medicaid or CHIP, and adults and children who meet certain financial requirements. Adult and child patients must financially qualify for services prior to obtaining an appointment. The cost of services will be based on the federal poverty guidelines.

- (2) Covenant's Adult & Children's Dental Clinic is located at 4122 22nd Place, Suite D, Lubbock, Texas.
Clinic hours are Monday through Thursday, 7:30am to 4:30pm.
For more information about the clinic, call 806-725-2222.
- (3) Mobile Dental Services Program: Covenant's Mobile Services program consists of two dental vans serving Texas. Mobile dental vans provide dental services for the rural, adult, indigent population within a 100-mile radius of Lubbock. The units are staffed by licensed dentists and experienced dental assistants. Professional services including fillings, extractions and other basic dental procedures. Clients must meet financial eligibility criteria. Denture program is also available.
For more information, or to make an appointment, call 806-725-2222.

COVENANT COUNSELING CENTER

1302 Broadway
Lubbock, TX 79401-3206
806-725-5443

Services Offered: Individual, marital/relationship and family therapy.
Fees: Sliding scale fee \$5-\$40

COVENANT DIABETES EDUCATION PROGRAM

4122 22nd Place
Lubbock, TX 79410
806-725-2222

Services Offered: Classes, individual appointments, and Health Fairs.

CRISIS CENTER OF THE PLAINS

115 East 7th Street

P.O. Box 326

Plainview, TX 79072

806-293-9772

24-hr. hotline: 806-293-7273

Fax: 806-293-3686

Website: www.facebook.com/Crisis-Center-of-the-Plains

Social Media: 

Description/Areas Served: Hale, Floyd, Lamb, Motley, Castro, Swisher, Briscoe and Hall Counties.

Services Offered: Women's shelter from domestic violence; emergency shelter; food; clothing; transportation; emergency medical advocacy; legal advocacy. Walk-ins welcome.

Days/Hours: Office: Monday through Friday – 8:30am-5:30pm (closed 12:00-1:00 for lunch)

Fees: Free of charge and confidential

CROSBYTON, CITY OF

221 West Main Street

Crosbyton, TX 79322

806-675-2301

Fax: 806-675-7012

Website: www.cityofcrosbyton.org/site/living/resources/

Description/Areas Served: City of Crosbyton

Services Offered: Crosbyton Clinic Hospital – serves the community with a rural health clinic, a 25-bed hospital and 24/7 emergency services. Crosbyton Care Center and Reeves-Rhodes Terrace – meets the needs of many Crosbyton senior citizens with consistent and appropriate care for their needs. Crosbyton Senior Citizens – provides healthy meals, straight from the garden in season, plus the chance to meet and visit with neighbors each day at 12:00 noon. Home deliveries of the meals are available.

HOUSING AUTHORITY

202 South Ayrshire

Crosbyton, TX 79322

806-657-2842

Services Offered: Low-rent housing.

Savannah Park Apartments – 806-675-2972

Crosbyton Rural Development Apartments – 806-675-2593

Fees/Funding: HUD subsidy, rental income

FAMILY PROMISE OF LUBBOCK, INC.

1319 15th Street,
Lubbock, TX 79401
(Mail: P.O. Box 1258, Lubbock, TX 79408)
806-744-5035

Website: www.familypromiselubbock.org/

Description/Areas Served: Lubbock and surrounding areas

Services Offered: Homeless shelter provides temporary shelter for families with children, 18 and younger, through a network of interfaith congregations. There is sometimes a waiting list so please call for information. Eligibility Requirements: parents are required to work while in the program, families must have children under the age of 18, parents must pass a background check and drug screening. Assist families with the following: shelter, transportation, meals, housing search, job search, childcare, life skills training, and case management.

Days/Hours: Monday – Friday, 8:00am – 5:00pm

Fees/Funding: Individual donations, foundation grant, community development block grants, fundraisers

FIRST UNITED METHODIST CHURCH – OUTREACH CENTER

1411 Broadway Street
Lubbock, TX 79401
806-763-4607

Contact: Dr. Craig Curry, Senior Minister
806-763-4607 ext. 242

Email: ccurry@fumc.com

Website: www.fumc.com

Description/Areas Served: Lubbock

Services Offered: Food services; health services for the homeless.

Days/Hours: Call for hours of operation

FLOYDADA HOUSING AUTHORITY, CITY OF

210 East California

Floydada, TX 79235

806-983-5165 or 983-3171

Description/Areas Served: Floyd and Motley

Services Offered: Housing for low income families; do not have to live in the city to be on the waiting list.

Days/Hours: Call for hours of operation

Fees/Funding: USDA, U.S. Department of Urban Development

GENERATION HEALTHCARE WOMEN'S CLINIC
(Formerly Planned Parenthood Association of Lubbock, Inc.)

#14 Briercroft Office Park
Lubbock, TX 79412
806-795-7123

3302 67th Street
Lubbock, TX 79413
800-792-6331

Social Media: 

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: Family planning, STD testing and treatment, annual well woman exams, pregnancy testing.

Days/Hours: Monday through Friday 8:30am-5:00pm.

Fees: Participates in the Texas Women's Health Program; accepts most major insurances; and accepts all major credit cards.

GOODWILL INDUSTRIES OF LUBBOCK

715 28th Street
Lubbock, TX 79404
806-744-8419
Toll-Free: 877-944-8419

Email: lmartinez@lubbockgoodwill.org

Website: www.goodwillwtexas.org

Social Media:   

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: Job Training and Placement.

Days/Hours: Call for hours

Fees/Funding: Funded through the United Way

GOODWILL INDUSTRIES OF LUBBOCK

THRIFT SHOPS

715 28th Street
Lubbock, TX 79404
806-747-3348
Hours: Tuesday through Saturday 9:00am-6:00pm

2710 Spur 327
Lubbock, TX 79424
806-796-8610
Hours: Monday through Saturday 9:00am-7:00pm
Sunday 12:00pm-5:00pm

1940 34th Street
Lubbock, TX 749411
806-747-3733
Hours: Monday through Saturday 9:00am-7:00pm
Sunday 12:00pm-5:00pm

1109 Broadway Street
Lubbock, TX 79401
806-744-1112
Hours: Monday through Saturday 9:00am-6:00pm

GREEN LAWN CHURCH OF CHRIST

5701 19th Street
Lubbock, TX 79407
806-795-4377

Website: www.greenlawn.org

Description/Areas Served: Lubbock

Services Offered: “The Blessing Center” Food pantry and clothing closet.

Days/Hours: Monday, 1:30pm-3:00pm; Thursday, 9:00am-11:00am

Fees/Funding: Low-income residents are eligible to receive services.

GUADALUPE ECONOMIC SERVICES CORP.

1502 Erskine Street
Lubbock, TX 79403
806-744-4416
Fax: 806-744-7940

Website: www.gescorp.org

Social Media: 

Description/Areas Served: Panhandle regions of Texas.

Services Offered: Assists low and very low income families with food, clothing and rent. Offers USDA Section 514 housing.

Days/Hours: Monday through Thursday 8:00am-5:00pm (closed 12:00-1:00); Friday 8:00am-12:00pm

GENESIS THRIFT STORE

Services Offered: Clothing, bedding, housewares and furniture

Days/Hours: Monday through Friday 10:00am-6:00pm; Saturday 10:00am-3:00pm

HALE CENTER HOUSING AUTHORITY

513 West 4th Street
Hale Center, TX 79041
806-839-2281

Description/Areas Served: Hale County

Services Offered: HUD Section 8 program, housing subsidy

Days/Hours: Call for hours of operation

Fees/Funding: Federal Funds

HEARTLINE WOMEN'S CLINIC

2309 Broadway Street

Lubbock, TX 79401

806-788-0500

Website: www.heartlinelubbock.com

Description/Areas Served: Lubbock

Services Offered: Pregnancy tests; ultrasounds; limited material assistance; life coaching; parenting classes; and post-abortion support.

Days/Hours: Monday through Thursday 9:30am-5:30pm

Fees/Funding: Free and confidential services

HUMAN RESCUE COALITION

Address is Confidential

Contact: HumanRescueCoalition@gmail.com

Social Media: 

Services Offered: A West Texas group of concerned citizens advocating for the rescue and restoration of those trapped in human trafficking and the sex industry through awareness, education, and action. Provide resource information to victims. Conduct jail outreach, strip club outreach, street outreach. For information on monthly meetings, contact HumanRescueCoalition@gmail.com.

JACOB'S LADDER OUTREACH CENTER

1701 Buddy Holly Avenue (17th & Buddy Holly)

Lubbock, TX 79401

806-747-0071

Description/Areas Served: Lubbock

Services Offered: Food services.

Days/Hours: Call for hours of operation

**LARRY COMBEST COMMUNITY HEALTH & WELLNESS CENTER (FQHC) /
TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER (TTUHSC) SCHOOL OF NURSING**
301 40th Street
Lubbock, TX 79404
806-743-9355

Combest Sunrise Canyon Clinic
1950 Aspen Avenue
Lubbock, TX

Website: www.ttuhschool.edu/son/combest

Social Media:   

Description/Areas Served: Lubbock and surrounding areas

Services Offered: Special healthcare services offered include: Illness Care; Physician Exams for Children; Minor Injuries; Physical Exams for all Ages; Childhood and Adult Immunizations; Well Woman Exams: Pap Smears, STD, Pregnancy Testing and Contraception; On-Site Laboratory; Prescription Assistance Program; Chronic Disease Management Program (Diabetes, Asthma, Hypertension, Obesity); Nutritional Education and Behavioral Health. Transportation is offered to patients who cannot make their appointments. Criteria for transportation includes: must be an established patient; must have no means of transportation; and minor children must be accompanied by a parent/guardian for transport. Car seats and booster chairs are required. Call 2-3 days prior to schedule appointment to inquire about transportation availability.

Days/Hours: Monday and Tuesday 8:00am-12:00pm & 1:00pm-5:00pm; Wednesday through Friday 8:00am-12:00pm & 1:00pm-10:00pm; Sunday 1:00pm-6:00pm

Fees/Funding: Medicaid, Medicare and other private insurances are accepted. Sliding-scale fee available (bring proof of income to qualify). Federally Qualified Health Center (FQHC), state funds. No one is turned away for inability to pay (payment arrangements can be made).

LEGAL AID SOCIETY OF LUBBOCK

916 Main St., Suite 103

Lubbock, TX 79401

806-762-2325

Website: www.lubbocklegalaid.org

Social Media: 

Description/Areas Served: Lubbock

Services Offered: Family law (ex: child custody, divorces, adoption), medical directives, and wills.

Days/Hours: Monday-Thursday 8:30am-5:00pm (closed for lunch), Friday 8:30am-12:00pm

Fees/Funding: United Way and other funds. Fees are based on a sliding scale.

LEGAL AID OF NORTHWEST TEXAS – EQUAL JUSTICE VOLUNTEER PROGRAM

1711 Avenue J
Lubbock, TX 79401
806-763-4557 or 1-800-933-4557
Fax: 806-765-7201

305 West 7th Street
Plainview, TX 79072
806-293-8491 or toll-free 1-800-955-8491
Fax: 806-296-0786

Website: www.lanwt.org

Description/Areas Served: Several counties, call for specifics

Services Offered: Free legal clinics, family law (such as child support, divorce, etc.) wills, medical directives, employees' rights, consumer rights (bankruptcy, consumer fraud, home improvement fraud, etc.), housing rights, individual rights (civil rights violations, discrimination, Pauper's Access to Court, etc.), public benefits (county assistance, Medicaid/SSI issues, Temporary Assistance to Needs Families (TANF), unemployment compensation, Veterans' benefits, etc.), and a Low Income Taxpayer Clinic (U.S. Tax Court litigation, Social Security and IRS issues, etc.). No criminal cases; no personal injury cases.

Days/Hours: Monday through Friday, 8:00am-5:00pm

Fees/Funding: Free to those meeting income-eligibility guidelines.

LIGHT HOUSE BEHAVIORAL HEALTH
THERAPRACTIC MANAGEMENT SYSTEMS
6502 Slide Road, Suite 207
Lubbock, TX 79424
806-771-8808
Fax: 806-771-8809

Contact: Dr. Patrick Randolph
806-853-9489

Description/Areas Served: Yoakum, Terry, Motley, Lynn, Lubbock, Lamb, King, Hockley, Hale, Garza, Floyd, Dickens, Crosby, Cochran, and Bailey counties.

Services Offered: Substance abuse counseling and mental health screening.

Days/Hours: Monday-Friday, 8:00am-5:00pm

Fees: Sliding scale; accepts Medicare, Medicaid and some private insurance.

LOAVES & FISHES: HOPE COMMUNITY OF SHALOM

Asbury United Methodist Church
2005 Ave. T
Lubbock, TX 79411
806-762-0829

Email: steve@hopeshalom.org

Website: www.hopeshalom.org

Description/Areas Served: Lubbock

Services Offered: Limited food and toiletries, prayer and fellowship. Partnered with Heart of Lubbock Housing, Inc. to provide high quality affordable housing to families having trouble qualifying to rent or buy a home. Summer meal sites for South Plains Food Bank's Kid's Cafe Program.

Days/Hours: Monday through Thursday, 9:00am-4:00pm; Friday, 9:00am-12:00pm

Fees/Funding: Donations

LUBBOCK CHILDREN'S HEALTH CLINIC

1801 East 14th (corner of Redbud)
Lubbock, TX 79403
806-749-3800
Fax: 806-749-3802

302 North University (by Cavazos Jr. High)
Lubbock, TX 79415
806-749-3803
Fax: 806-749-3805

Website: www.lubbockchildrenshealthclinic.org

Description/Areas Served: Lubbock, but no one turned away

Services Offered: Pediatric medical care services.

Days/Hours: (1801 East 14th) Monday-Friday 1:00pm-5:00 pm
(302 North University) Monday-Friday 8:00am-12:00pm and 1:00pm-5:00pm

Fees/Funding: United Way, payments made through Medicaid, CHIP, and some private insurance. Sliding scale fees are available according to income and size of household. However, no one is ever turned away from the clinic because of an inability to pay.

LUBBOCK COMMUNITY DEVELOPMENT, CITY OF

1611 10th Street

Lubbock, TX 79401

806-775-2301

For housing programs call 806-775-2296

Website: www.mylubbock.us/departmental-websites/departments/community-development/resources

Description/Areas Served: City of Lubbock.

Services Offered: First time homebuyers, fair housing complaints, home repair.

Days/Hours: Monday-Friday, 8:00am-5:00pm

Fees/Funding: Federal Funds

LUBBOCK COUNTY GENERAL ASSISTANCE

916 Main Street, Suite 104
Lubbock, TX 79401
(806) 775-1780
Fax: 806-775-7982

Contact: Diana Gurule-Copado (Director)

E-Mail: dgurule-copado@co.lubbock.tx.us

Website: www.co.lubbock.tx.us/department/?fDD=12-0

Description/Areas Served: Lubbock County

Services Offered: Maximum assistance is two times in a calendar year:

Bilingual staff. Facilities accessible to persons with disabilities. Lubbock County General Assistance is a public, tax-supported family agency established primarily to meet, on a temporary basis, the financial needs of the indigent families who are residents of Lubbock County. Casework services are offered to the needy for the purpose of assisting in rehabilitation of the client and/or his family members. There may be waiting lists for services.

Qualifications: Household must include either a totally disabled adult or a minor child and must have been without income for thirty days. Head of household must be at least 18 years of age or married, and provide proof that household has resided in Lubbock County for thirty days prior to applying for assistance. Intake by appointment only.

Required Documents: A picture I.D. of head of household. Social Security cards of everyone residing in the household.

Rent. Assists with payment for the current month's rent. The landlord must verbally agree to accept amounts offered by this office. We do not assist with deposits or pay any amount in arrears. Additional amounts are provided if rent includes utility services.

Utilities. Payment on utility bills will be for the current month only. We do not assist with deposits. The utility services must be connected. Do not pay for reconnections. We do not pay telephone bills.

Food. Before applying for an emergency grocery order, client must provide proof from the Food Stamp office showing why they are not eligible for emergency food stamps. Cannot assist a client with emergency grocery orders more than once every six months.

Burials. The residency requirement does not apply to funerals. However, the deceased must have expired in Lubbock County to be considered for burial assistance. If a Lubbock County resident expires outside of Lubbock County, our agency cannot commit for the expense of having the body transported back to Lubbock County. If another resource can pay the expense of transporting the body then our agency would be able to take an application to see if the client would qualify

LUBBOCK COUNTY GENERAL ASSISTANCE (Continued)

Days/Hours: Monday-Friday, 8:00am-5:00pm

Fees/Funding: County tax supported

LUBBOCK FAITH CENTER

2809 Clovis Road
Lubbock, TX 79415
806-762-8086

Website: www.soberliving.interventionamerica.org/listing.cfm?Drug_Rehab_ID=10311

Description/Areas Served: Lubbock and surrounding areas

Services Offered: Substance abuse treatment services; halfway house.

Days/Hours: Call for hours of operation.

Fees/Funding: Private pay; Access to Recovery

LUBBOCK HEALTH DEPARTMENT, CITY OF

806 18th Street

Lubbock 7940

(Mail: P.O. Box 2000, Lubbock, TX 79408)

806-775-2933

Fax: 806-775-3184

Website: www.mylubbock.us/departmental-websites/departments/health-department/home

Description/Areas Served: City of Lubbock and surrounding areas. People from other cities and states that are in the Lubbock area and requesting testing. EVERYONE WELCOME; walk-ins are welcome.

Services Offered: STD testing including but not limited to HIV, syphilis (TPPA & RPR if needed), gonorrhea testing (GC), Chlamydia testing (CT) (through urine or genital swab/exam). Darkfield for syphilis. Throat and rectal cultures, HSV testing, Dermatology clinic to treat warts and molluscum.

Hepatitis A, Hepatitis B, HPV and Tdap vaccines are available to patients without insurance during an STD exam. Additional vaccinations are available through the City of Lubbock Immunization Clinics. Call the department for clinic dates and times.

Prevention: Clinic HIV counseling and testing, condom distribution

Days/Hours: Monday through Friday, 8:00am-5:00pm (closed 12:00pm-1:00pm)

Fees/Funding: \$20 per visit

LUBBOCK HOUSING AUTHORITY, CITY OF

1708 Crickets Avenue

Lubbock, TX 79401

806-762-1191

Fax: 806-762-0836

Website: www.lubbockha.org

Description/Areas Served: City of Lubbock

Services Offered: Low income public housing; House Choice Voucher (Section 8); HUD Assistance; tax credits. Call for list of required documentation.

Days/Hours: Monday-Friday, 7:00am-12:00pm, 1:00pm-5:00pm

LUBBOCK IMPACT

2707 34th Street
Lubbock, TX 79401
806-799-4329

Contact: Wanda Brunson, Director of Operations

E-Mail: wanda@lubbockimpact.com

Website: www.lubbockimpact.com

Social Media: 

Description/Areas Served: City of Lubbock

Services Offered: Clothes closet; food vouchers; emergency food pantry; soup kitchen; medical clinic; and dental clinic. Also provides some medication assistance.

Days/Hours: Call for hours of operation

Fees: Service is limited to people who do not have insurance.

MANAGED CARE CENTER FOR ADDICTIVE AND OTHER DISORDERS, INC.

1715 26th Street
Lubbock, Texas 79411
806.780.8300
Toll free: 855.845.8300
Fax: 806.780.8383

105 N. Berkshire
Crosbyton, TX 79322
806-281-7441 or 806-780-8300

1200 Houston Street
Plainview, TX 79072
806-291-5259 or 806-780-8300

E-Mail: info@mccaod.com

Website: www.mccaod.com

Description/Areas Served: Northern 41 counties of Panhandle/South Plains area.

Services Offered: Anonymous and confidential HIV testing, prevention counseling, health education/risk reduction, HIV prevention education, HIV early intervention, STD prevention education, hepatitis education/counseling, TB testing, pregnancy testing, prescription assistance, substance abuse intervention, support groups, clothing assistance, intensive residential substance abuse treatment, outpatient adult and adolescent substance abuse treatment, prevention and intervention, family services. Programs include: Men's Residential Treatment Program, Women's Residential Treatment Program, Adult Outpatient Treatment Programs, Adult and Specialized Female, COPSD-Services to address both substance abuse and mental health concerns, HIV Early Intervention Program, NOAH's Family Program, Youth Prevention Programs, Adolescent Outpatient Substance Abuse Treatment Program, Prevention Resource Center, V.O.I.C.E.S. Community Coalition Program.

Days/Hours: Administrative Offices, Monday – Friday, 8:00 am to 5:00 pm
Residential programs are available 24 hours a day, 7 days a week

Fees/Funding: DSHS funds available for individuals who qualify, sliding fee scale, private pay, insurance, Medicaid, Medicare

MISSION LUBBOCK

1711 Upland Avenue

Lubbock, TX 79416

806-687-9357

Fax: 806-687-9398

Website: www.missionlubbock.org

Social Media: 

Description/Areas Served: Yoakum, Terry, Motley, Lynn, Lubbock, Lamb, King, Hockley, Hale, Garza, Floyd, Dickens, Crosby, Cochran, and Bailey counties.

Services Offered: Food pantry – some clothing and supplies available. Loaves & Fishes program – food snack packs for school children who may not have anything to eat between lunch on Friday and breakfast on Monday at school.

Days/Hours: Food Pantry – Tuesday and Wednesday, 10:00am-2:00pm

MOTLEY COUNTY CLINIC HCMH

724 Dundee Avenue

Matador, TX 79244

806-347-2641

Social Media: 

Description/Areas Served: Cities of Matador and Roaring Springs, Motley County

Services Offered: Lab, examinations, physicals, infections treatment

Prevention: One-on-one interventions, clinic HIV counseling and testing

Days/Hours: Monday-Thursday, 1:00pm-4:30pm

Fees/Funding: Private practice, no funding, we take indigent, private pay, all insurance
For prevention: indigent if Motley County resident, insurance, private pay.

MULESHOE HOUSING AUTHORITY, CITY OF

301 East 6th

Muleshoe, TX 79347

806-272-5560

Website: www.lowincomehousing.us/tx/muleshoe.html

Description/Areas Served: Muleshoe

Services Offered: Public housing

Days/Hours: Call for days and hours

NAMI LUBBOCK

1615 28th Street

Lubbock, TX 79493

(Second floor of the MHMR Community Living Center)

806-783-9268

Contact: Brenda Martin, President

Email: namilubbock@nami.org

Website: www.nami.org/sites/namilubbock

Description/Areas Served: NAMI Lubbock, an affiliate of the National Alliance for the Mentally Ill & NAMI Texas, is a non-profit grassroots organization whose mission and vision is to help improve the lives of all persons (teens, young adults, veterans and active duty, diverse communities, LGBTQ) affected by mental illness by providing support groups, education classes, outreach programs and advocacy initiatives to Lubbock and the surrounding communities.

Services Offered:

1. NAMI Connection is a weekly support group for people living with mental illness in which people learn from each other's experiences, share coping strategies, and offer each other encouragement and understanding.
Oakwood Baptist Church, 6002 Avenue U (60th & Avenue U)
Tuesdays 6:30pm-8:00pm; Fridays 12:30pm-2:00pm
2. FAMILY-TO-FAMILY is a support group that meets weekly for individual who have a loved one that has a mental illness.
Oakwood Baptist Church, 6002 Avenue U (60th & Avenue U)
Tuesdays 6:30pm-8:00pm
3. NAMI Monthly Program (Open to the Public)
Oakwood Baptist Church, 6002 Avenue U (60th & Avenue U)
Every 4th Tuesday of the month – 7:00pm-8:00pm
4. FAMILY LIFE SUPPORT GROUPS
Trinity Christian Church
2002 West Loop 289, Suite 102
Lubbock, TX
806-780-0003 (call for hours)

NATHAN ZIEGLER & ASSOCIATES

12002 Trafalgar Avenue, Suite 202

Lubbock, TX 79424

806-765-8801

Fax: 806-762-3313

Website: www.westtexaslaw.com

Description/Areas Served: Yoakum, Terry, Motley, Lynn, Lubbock, Lamb, King, Hockley, Hale, Garza, Floyd, Dickens, Crosby, Cochran, and Bailey counties.

Services Offered: General legal aid; elder law; Advance Medical Directives; etc.

Days/Hours: Call for hours

Fees/Funding: Available to anyone who needs legal advice and legal counsel.

OUTREACH SCREENING & REFERRAL (FORMERLY LUBBOCK REGIONAL MHMR CENTER)

1950 Aspen Avenue

Lubbock, TX 79404

806-740-1421

Toll-Free: 1-800-687-7581

Website: www.dshs.state.tx.us/sa/OSAR/

Description/Areas Served: Lubbock and surrounding area

Services Offered: Free and confidential drug and alcohol screening for adults and adolescents.

Days/Hours: Call for hours of operation

Fees/Funding: The Texas Commission of Alcohol and Drug Abuse

OXFORD HOUSE

512-789-9446 (Lubbock)

Toll-Free: 1-800-689-6411

Website: www.oxfordhouse.org
www.oxfordvacancies.com

Description/Areas Served: Oxford House provides self-supporting, self-run, addiction recovery homes. This is a National organization – Texas has over 175 houses. Locations include: Abilene, Arlington, Austin, Brownsville, Carrollton, Corpus Christi, Dallas, Denton, Fort Worth, Garland, Houston, Katy, Lubbock, McAllen, New Braunfels, North Richland Hills, Plano, Richardson, San Antonio, Tyler, Waco and Wichita Falls. All Oxford Houses have common characteristics: The House must be run democratically; the House must be financially self-supporting; and the House must immediately expel any member who relapses. Not going back to where a recovering addict came from may be the single most important reason for the Oxford House success story. Using this cost-effective way to improve the changes of recovery from alcoholism and drug addiction may be the best way to show the community that recovery works and that recovering addicts can become model citizens.

Services Offered: 24-hour peer support; structure; accountability; responsibility; self-efficacy; encouragement and life skills.

Eligibility Guidelines: Individual can apply to live in an Oxford House after meeting at least one of the following criteria: Completion of residential treatment; completion of clinical detox; or stable recovery, free from withdrawals.

Days/Hours: Call for hours of operation

Fees: Non-refundable up-front fee (\$100-\$200); Weekly expense (\$75-\$150) – all bill paid, plus house supplies; do not include food.

PARKRIDGE

5203 79th Street, Suite A
Lubbock, TX 79424
806-794-8555

Website: www.parkridge.org

Description/Areas Served: Terry, Lynn, Lubbock, Lamb, Hockley, Hale, Garza, Floyd, and Crosby counties.

Services Offered: Family planning; OB/GYN services; and STD testing. Also provides confidential counseling and support programs.

Days/Hours: Monday and Thursday, 10:00am-6:00pm

PFLAG LUBBOCK

(Parents, Families, Friends of Lesbian, Gay, Bisexual & Transgender Persons)

4501 University Avenue

Lubbock, TX 79413

806-795-4502

806-790-1228

Mailing Address:

P.O. Box 94493

Lubbock, TX 79493-4493

Website: www.pflaglubbock.org

Email: president@pflaglubbock.org

Social Media:  

Description/Areas Served: Call for areas served.

Services Offered: Providing support to cope with an adverse society; education to enlighten an ill-informed public; and advocacy to end discrimination and to secure equal civil rights.

Days/Hours: Call for hours of operation

PLAINVIEW-HALE COUNTY HEALTH DEPARTMENT

111 East 10th Street
Plainview, TX 79072
(806) 293-1359

Social Media:  

Description/Areas Served: General public residing in Hale County only

Services Offered: Anonymous HIV testing, confidential HIV testing, prevention counseling, individual ongoing counseling (not prevention counseling), health education/risk reduction, HIV prevention education, STD prevention education, peer education, HIV early intervention, STD clinical services, nurse on-site, hepatitis testing, hepatitis treatment, hepatitis education/counseling, Hepatitis A vaccine-adults and children, Hepatitis B vaccine-adults and children, TB testing, TB treatment, pregnancy testing, on – site laboratory diagnostics (limited), immunizations, blood pressure, glucose, cholesterol testing and counseling. Call for current immunization fees.

Days/Hours: Monday – Friday, 8:00am-5:00pm

PLAINVIEW HOUSING AUTHORITY, CITY OF

1600 North Date
Plainview, TX 79072
806-293-1104

Website: www.publichousing.com/city/tx-muleshoe

Social Media:  

Description/Areas Served: Plainview

Services Offered: Public Housing

Days/Hours: Call for hours of operation

PLAINVIEW SERENITY HALFWAY HOUSE

806 El Paso Street
Plainview, TX 79072
806-293-9722

Description/Areas Served: Texas Panhandle (Region 1)

Services Offered: Alcohol-drug treatment; adult intensive/adult supportive residential, adult outpatient, women and children intensive residential, age 18 and over.

Days/Hours: 24 hours daily, Administrative offices: Monday-Friday, 8:00am-5:00pm

Fees/Funding: DSHS, TDCJ, United Way

RANCH AT DOVE TREE

1406 County Road 5800

Lubbock, TX 79403

Toll-Free: 1-800-218-6727

Website: www.dovetreeeranch.com

Social Media:   

Description/Areas Served: Call for areas served

Services Offered: Drug and alcohol recovery program: residential, partial day, outpatient

Days/Hours: 24 hours, 7 days a week

Fees/Funding: TCADA licensed; most major insurances are accepted.

REGENCE HEALTH NETWORK, INC. (FQHC)

SOUTH PLAINS HEALTH PROVIDER

2801 West 8th

Plainview, TX 79072

806-293-8561 or 800-766-8599

Website: www.regencehealth.net

Description/Areas Served: Bailey, Castro, Crosby, Deaf Smith, Floyd, Hale, Lamb, Parmer, Potter, and Swisher

Services Offered: Federally Qualified Health Center, check each individual site for services provided: services include laboratory, diagnostic testing, eligibility assistance, general primary medical care, gynecology, pharmacy, dental, social services, family planning, HIV/AIDS testing and counseling, health education, integrated eligibility, immunizations, mental health treatment counseling, obstetrics, outreach, prenatal and postpartum care, substance abuse treatment/counseling, urgent medical care, vision and hearing screening, and WIC clinics: The service sites are as follows:

Regence Health Network Medical/Dental sites:

Muleshoe Clinic

208 West Second Street, Muleshoe, TX 79347-3631

Phone: 806-272-5538 Call for dates and times

County: Bailey

Plainview Dental Clinic

2801 West 8th St., Plainview, TX 79072-6743

Phone: 806-293-0921 or 806-293-8561 Call for dates and times

County: Hale

Hereford Dental Clinic

125 West Park Avenue, Hereford, TX 79045

Phone: 806-364-7688; Fax: 806-364-7694

Website: <http://rhn.md/hereford>

Counties: Hereford, Friona, Vega, Dimmit, Bovina

Hours: Monday-Thursday 7:30am-6:00pm (closed 12:30-1:00)

Plainview Covenant Hospital – John Anderson Building

2601 Dimmitt Rd., Plainview, TX 79072-6743

Phone: 806-293-8651

County: Hale

Hereford Clinic

125 West Park Avenue, Hereford, TX 79045

Phone: 806-364-7688; Fax: 806-364-7694

Website: <http://rhn.md/hereford>

Counties: Hereford, Friona, Vega, Dimmit, Bovina

Hours: Monday-Thursday 8:00am-5:30pm (closed 12:00-1:00); Friday 8:00am-2:00pm

REGENCE HEALTH NETWORK, INC. (FQHC)
SOUTH PLAINS HEALTH PROVIDER
(Continued)

Regence Health Network WIC sites:

Abernathy WIC Clinic

704 Avenue D, Abernathy, TX 79311-3400
Phone: 806-292-6608 Call for dates and times
County: Hale

Floydada WIC Clinic

319 South Main St., Floydada, TX 79235
Phone: 806-983-3449 Call for dates and times
County: Floyd

Hale Center WIC Clinic

623 Avenue G, Hale, TX 79041
Phone: 806-292-6608, mobile clinic, Call for
dates and times
County: Hale

Littlefield WIC Clinic

500 East 6th St., Littlefield, TX 79339
Phone: 806-385-5368 Call for dates and times
County: Lamb

Muleshoe WIC Clinic

223 East Avenue B, Muleshoe, TX 79347
Phone: 806-272-4521 Call for dates and times
County: Bailey

Olton WIC Clinic

206 East 11th, Olton, TX 79064
Phone: 806-292-6608, mobile clinic, Call for
dates and times
County: Lamb

Petersburg WIC Clinic

1905 Avenue E, Petersburg, TX 79250
Phone: 806-292-6608 mobile clinic – Call for
dates and times
County: Hale

Plainview WIC Clinic

715 Amarillo St., Plainview, TX
Phone: 806-293-0182 Call for dates and times
County: Hale

Ralls WIC Clinic

623 Tilford, Ralls, TX 79357
Phone: 806-253-2577 Call for dates and times
County: Crosby

Days/Hours: Call each individual service site listed above. There are some late hours and some weekdays are closed.

SALVATION ARMY, THE

1111 16th

Lubbock, TX 79401

806-765-9434

Website: www.salvationarmylubbock.org

Email: robert.parker@uss.salvationarmy.org

Social Media:  

Description/Areas Served: City of Lubbock and surrounding areas

Services Offered:

- Community Soup Kitchen: Breakfast and dinner, 365 days per year, to non-sheltered and low-income individuals
- Christian Church Services: Sundays at 11:00AM, call for information on other church programs
- Disaster Alert Response Team (DART): Aid to victims of disaster (food, fluid, counseling)
- Family Services: Clothing, food vouchers, financial assistance for utility bills, rent/mortgage payments, and prescriptions
- Family Thrift Store: To help fund programs
- Seasonal Activities: Back-to-school, holiday meals, Christmas Angel Tree, Red Kettle Programs, summer camp programs
- Shelter Services: Currently offers 84 shelter beds through the Red Shield Home program: Emergency Sheltering, Transitional Sheltering, and Transitional Housing

Days/Hours: Call for hours of operation for Social Services, 24 hours/7days for shelter

Fees/Funding: Donations, grants, United Way, Gift in Kind

SOUTH PLAINS COMMUNITY ACTION ASSOCIATION, INC./PROJECT CHAMPS LUBBOCK

*SOUTH PLAINS COMMUNITY ACTION
ASSOCIATION, INC. ADMINISTRATION OFFICE*
411 Austin
Levelland, TX 79336
(Mail: P.O. Box 610, Levelland, TX 79336)
806-894-6104

SPCAA Project CHAMPS Lubbock
3307 Ave. X
Lubbock, TX 79411
806-771-0736 or toll free 866-PCHAMP

P.O. Box 1394
Brownfield, TX 79316-1394
806-637-3712

Website: www.spcaa.org

Social Media: 

Description/Areas Served: Bailey, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, Lubbock, Lynn, Motley, Terry, and Yoakum. *****CALL FIRST AS EACH PROGRAM COVERS DIFFERENT AREAS*****

Services Offered: As follows:

1. Health service programs to pregnant women, the elderly, children and infants and the physically challenged through WIC, Home Health Care, Family Planning, Senior Companion, Class programs and Project CHAMPS for HIV/AIDS services. For Project CHAMPS services, must have an HIV diagnosis and be a Texas resident: payer of last resort for HIV/AIDS outpatient medical care including labs for CD4 and viral loads, AIDS medication assistance, health insurance assistance, case management, medical transportation, housing and utilities assistance, health education and risk reduction, oral health care, home health care, and hospice services.
2. Child Care Services assists individuals that are working or attending school pay for a portion of child care cost. Please call 806-744-3572 for an appointment to determine eligibility and to find out what counties are covered.
3. SPCAA Head Start: Head Start and Earl Head Start for income eligible families for children ages 3 and 4. Call 800-658-9632 or 806-894-2207 for information.
4. Community Services Program: Assists low-income individuals' transition out of poverty and work toward self-sufficiency through Case Management, Information and Referral, and Emergency Services. (806) 894-4560 x205
5. Transportation Program: SPARTAN Public Transportation provides in-town and out-of-town trips for residents in certain counties. Call 800-462-8747
6. Housing Programs: South Plains Regional Housing Authority: includes Section 8 and Section 8 New Construction (elderly/disabled complexes). Call 806-894-5153 for information and counties served.
7. Workforce Program: Workforce Solutions of the South Plains, call 866-765-5038

8. Navigator Program: Provide education and outreach to uninsured individuals above 100% of the Federal Poverty Level residing in 96 Texas counties in the South Plains, West Texas, and the Panhandle to raise awareness of the Health Insurance Marketplace and also refer to other assistance programs when applicable. In addition, certified Navigator Staff assist uninsured individuals above 100% of the Federal Poverty Level with: in person, face-to-face assistance; preparing insurance applications both electronically and on paper; determining affordability of insurance plans and eligibility in Marketplace insurance plans; enrolling in healthcare coverage; and learning how to utilize new insurance benefits and coverage. 1-844-207-0140 OR (806) 771-0736

Days/Hours: Monday-Friday, 8:00am-12:00pm, 1:00pm-5:00pm. Call for more information.

SOUTH PLAINS FOOD BANK

5605 MLK Boulevard
Lubbock, TX 79404
806-763-3003

Fax: 806-741-0850

Contact: David Weaver (Chief Executive Officer)

E-Mail: dweaver@spfb.org (General inquiries)

Website: www.spfb.org/

Services Offered: Food assistance, some toiletries; mobile pantry program; Kids Cafe

Days/Hours: Call for hours

*METROPOLITAN COMMUNITY CHURCH (MCC)
OF LUBBOCK (A partner of South Plains Food Bank*

4501 University Avenue
Lubbock, TX 79413

806-792-5562

Fax: 806-792-4238

E-Mail: mcclubbockttx@aol.com

Website: www.mcclubbockttx.org

Services Offered: Spiritual help, counseling and referral (sliding scale beginning at \$25), rental assistance, food bank/vouchers (available every two weeks)

Days/Hours: Tuesday, Wednesday & Friday
11:00am-3:00pm (office hours); Food Bank
hours: Friday 1:00pm-3:00pm – Must provide
photo ID, Social Security Number and Proof of
Residence

Social Media:   

Areas Served: 21 counties

Fees/Funding: Donations

SOUTH PLAINS PUBLIC HEALTH DISTRICT/BROWNFIELD PUBLIC HEALTH CLINIC

919 East Main Street
Brownfield, TX 79316
806-637-2164

Contact: Angie Perez, Administrative Assistant

Email: aperez1@spphd.org

Website: www.southplainshealth.org

Social Media: 

Description/Areas Served: Yoakum, Terry, Gaines and Dawson

Services Offered:

1. Immunizations – Children and Adults.
2. Primary Health Care – Acute care, hypertension, thyroid dysfunction, asthma, Well Woman Care, children under 18.
3. Family Planning – birth control, Pap Smears, pregnancy testing.
4. STI – Education and counseling; testing; treatment.
5. TB Control – Skin tests for high risk individuals, lab work, treatment.

Days/Hours: Monday-Friday, 8:00am-5:00pm (closed 12:00-1:00)

Late Clinic:

Immunizations – 4th Monday of each month 8:00-6:00pm

Family Planning – 4th Tuesday of each month 8:00am-12:00pm & 1:00pm-6:00pm

Fees/Funding: Some services are free (call for details); some services are based on a person's income (sliding scale); Medicaid is accepted for some services; no one is refused services for inability to pay (arrangements can be made for payments).

SOUTH PLAINS RURAL HEALTH SERVICES, INC. (SPRHS)

112 John Dupree Street
Levelland, TX 79336
806-894-7842 ext. 104 or ext. 138

Website: www.sprhs.org

Clinic Addresses:

Medical:

South Plains Rural Health Services, Inc.
1000 FM 300, Levelland, TX 79336
806-894-7842

Dental:

South Plains Dental Services
1005 N. 16th Street, Levelland, TX 79336
806-872-6310

Lamesa Primary Care Clinic

1502 North Avenue K, Lamesa, TX 79331
806-872-3069

Howard County Community Health Center

1300 S. Gregg, Big Spring, TX 79720
432-517-4557

Description/Areas Served: Hockley, Dawson, Cochran, Lynn, Terry, Yoakum, Howard, Gaines, and Lamb.

Services Offered: South Plains Rural Health Services maintains service sites and provides services such as dental, pediatric, family planning, optical, pharmaceutical, behavioral health (counseling), primary medical care, pharmacy, OB/GYN, and food bank.

Services for infants, children, and teens, include well baby checks, anemia checks, immunizations, physicals, monitoring of growth and development, acute care, services related to emerging sexuality and pregnancy prevention and information on health issues.

Services for adults include access to prenatal care, education on and treatment of chronic conditions, screening for at-risk conditions such as diabetes, obesity, high-blood pressure, and management of diabetes through counseling with diet, exercise and medication.

Family Planning Services includes breast exams, pap smears, testicular cancer screening, birth control methods, pregnancy testing and counseling, sexually transmitted diseases, HIV testing and counseling, referral for prenatal and other medical care, teen services.

SOUTH PLAINS RURAL HEALTH SERVICES, INC. (SPRHS) (Continued)

Behavioral Health Services are provided by a licensed professional counselor (LPC) who has experience with mental health therapy and substance abuse counseling to adults, adolescents, preadolescents in both residential and outpatient settings. Counseling is available for all ages for children, teens, adults and seniors. Therapeutic interventions are available for depression, anxiety, anger management, domestic violence, substance abuse, stress, behavioral problems with children, sexual problems, self-harm, managing bipolar disorder, trauma, grief and loss, family/relational issues, court stipulated interventions. A Spanish interpreter is available.

Dental Services include hygiene appointments, cleanings, sealants, fluoride treatments, oral health and dietary information, x-rays, extractions, restorative dental services such as fillings and crowns, dentures, partials, bridges, root canals. Call for an appointment and plan to arrive at least minutes before the scheduled appointment to fill out paperwork. In Levelland call 806-894-7842 ext. 143 and Lamesa call 806-872-6310.

Food Bank services require a form of identification, proof of residency, proof of income. If you receive Medicaid, bring your Medicaid card with you because you already qualify. If you receive SNAP (food stamps) you already qualify. Bring proof of SNAP eligibility.

Prevention: Clinical HIV counseling and testing, posters/brochures, small group presentations, condom distribution: funded by HRSA BPHC, DSHS PHC/FP Grant.

Days/Hours: Medical Clinics: Monday through Friday 8:00am-12:00pm and 1:00pm-5:00pm. Dental Clinic: Monday through Thursday 8:00am-5:00pm; Friday 8:00am-12:00pm (no break for lunch).

Fees/Funding: SPRHS accepts all major medical insurance including Medicare, Medicaid, Blue Cross Blue Shield. All services are discounted based on family size and income. Individuals may also qualify for free family planning services.

**STARCARE SPECIALTY HEALTH SYSTEM
(FORMERLY LUBBOCK REGIONAL MENTAL HEALTH MENTAL RETARDATION CENTER - LRMHMR)**

904 Ave. O
Lubbock, TX 79401
806-766-0310

Toll Free: 1-800-658-6198 for all services

Crisis Line: 806-740-1414; Toll-Free: 800-687-7581

Routine Services (Intake, Screening & Assessment): 806-740-1421

OSAR Open Access every Friday 8:00am-1:00pm

MH Open Access every Tuesday & Thursday 8:00am-12:00pm

Mailing Address:

P.O. Box 2828
Lubbock, TX 79408-2828)

Website: www.starcareslubbock.org

Description/Areas Served: Cochran, Crosby, Hockley, Lubbock and Lynn

Services Offered: A variety of services provided to the general public, call for specific information.
Some of the services provided include:

1. Sunrise Canyon Behavioral Health Network: Sunrise Canyon, 1950 Aspen, Lubbock, TX 79403
(mental health, includes inpatient)
2. Star Abilities (formerly Intellectual & Developmental Disabilities): 3804 Interstate 27, Lubbock, TX
(includes day habilitation, respite, supported living)
3. Jail Diversion Plan: In collaboration with Lubbock County Sheriff Department and Lubbock County
Juvenile Justice Center.
Operations Office: 1950 Aspen Avenue, Lubbock, TX
4. Outreach Screening & Referral: Free and confidential drug and alcohol screening for adults and
adolescents.
Phone: 806-740-1421 or 1-800-687-7581:
Funded by: The Texas Commission of Alcohol and Drug Abuse
5. HIV/STD Outreach: Street outreach, prevention education, confidential and free HIV and syphilis
testing, free condoms
Phone: Freddie G (806) 786-5246 or Tamara: 806-928-7382
Address: 1617 28th ST Lubbock, Texas 79411
Business hours: Vary, call first
Area served: Lubbock County, Plainview, Floydada, Lamesa, Brownfield
Funded by: Texas Department of State Health Services
6. Project APPLE (Assisting Parents with Prenatal/Postpartum Learning and Education): intervene with
substance use/abuse or at-risk pregnant and postpartum adult and adolescent women.
Phone: 806-766-0416
Business Hours/Eligibility: Call for information
7. PADRE Program (Parenting, Awareness, and Drug Risk Education
Phone: 806-766-0416
Business Hours/Eligibility: Call for information

STARCARE SPECIALTY HEALTH SYSTEM (Continued)
(FORMERLY LUBBOCK REGIONAL MENTAL HEALTH MENTAL RETARDATION CENTER - LRMHMR)

8. Silver Star Health Network (formerly La Paloma): PACE Program
(Program of All-Inclusive Care for the Elderly)
Address: 4010 22nd Street, Lubbock, TX 79410
Phone: 806-740-1500 or 806-767-1738 or 806-767-1736
Eligibility requirements: 55 years and older, live in Lubbock County, medical needs determination, live safely at home: staff is available to assist in the program and financial eligibility process.
Services provided: Comprehensive medical services, prescriptions, hospitalizations, transportation, home health care, activity center, therapeutic pool, physical therapy, and wellness.
Funded by: Medicaid, Medicare, private pay
9. PATH Program: Housing assistance program for homeless people with mental health issues. Call 806-766-0310 for more information ask for Diamond Garcia.
10. VOICES Coalition: A youth based program targeted at preventing substance and alcohol use among teens. Call 806-766-0310 for more information ask for Teresa Alvarado.

Days/Hours: Monday-Friday, 8:00am-5:00pm, some services are done after hours to accommodate clients so please call for more information

TEXAS A&M/AGRILIFE EXTENSION

AgriLife Services Building
578 John Kimbrough Boulevard
College Station, TX 77843
979-845-3850
Fax: 979-845-6496

Contact: Diana Duarte
806-723-8440

Email: diana.duarte@ag.tamu.edu

Website: <http://fcs.tamu.edu>

Social Media:   

Description/Areas Served: Lubbock and surrounding areas

Services Offered: Friend-to-Friend Program provides breast and cervical cancer education, screening and diagnostics. They provide Mammograms and Pap Tests to uninsured/underserved women in rural counties.

Days/Hours: Call for hours

TEXAS DEPARTMENT OF STATE HEALTH SERVICES (DSHS)–PUBLIC HEALTH REGION 1

6302 Iola Avenue
Lubbock, TX 79424
806-783-6420

Website: www.dshs.state.tx.us/

Description/Areas Served: Northern A1 counties of the Texas Panhandle

Services Offered: We provide to the general public anonymous and confidential HIV testing, prevention counseling, health education/risk reduction, HIV prevention education, STD prevention education, TB treatment, disease intervention, partner elicitation and notification services, brochures, videos. Provides services to children with special health care needs, family health services, immunizations, Texas Health Steps, visions and hearing screenings.

For information on the Texas HIV Medical Program (THMP) call 1-800-255-1090.

Days/Hours: Monday-Friday, 8:00am-5:00pm

Fees/Funding: State of Texas

TEXAS TECH PSYCHOLOGY CLINIC

Psychology Building – Open to the Public
18th & Boston Avenue
Lubbock, TX 79409
806-742-3737
Fax: 806-742-3799

Mailing Address:

TTU Psychology Clinic
Box 42051
Lubbock, TX 79409-2051

Email: psychology.clinic@ttu.edu

Website: www.depts.ttu.edu/psy/clinic

Social Media:   

Description/Areas Served: Supervised graduate students working on their Ph.D. providing convenient and affordable psychological services to area residents.

Services Offered: A broad range of behavioral, emotional, cognitive, developmental, lifespan, health-related, family-of-origin, and interpersonal issues can be addressed for adults, adolescents and children. The clinic is NOT a crisis center and, therefore, is not equipped to meet the needs of individuals who require 24-hour support.

Days/Hours: Monday 8:30am-5:00pm; Tuesday and Wednesday 8:30am-8:00pm; Thursday 8:30am-3:30pm & 5:00pm-8:00pm; Friday 8:30am-5:00pm

Fees: Fees are determined on a sliding fee scale based on income and family size. Individuals are required to provide proof of income at the time of the intake session. The fee for an initial intake interview and testing is \$25.00 for all clients. TTU or TTUHSC faculty and staff receive a 10% fee reduction (this discount does not extend to family members). Individuals who elect to participate in research projects will receive a 25% fee reduction.

TEXAS TECH UNIVERSITY STUDENT HEALTH SERVICES
STUDENT WELLNESS CENTER

1003 Flint Avenue
Lubbock, TX 79409
806-743-2848
Fax: 806-743-2122

Website: <http://www.ttuhsu.edu/studenthealth/>

Description/Areas Served: Texas Tech only

Services Offered: Medical care to Texas Tech students only (undergrad, grad and Law School) includes some prevention such as clinic HIV counseling & testing, 1-on-1 interventions.

Days/Hours: Monday-Friday 8:30am-5:30pm

Fees/Funding: Student fees, insurance billing

TRINITY OUTREACH CENTER
(THROUGH TRINITY CHURCH)

3027 34th St.

Lubbock, TX 79410

806-788-0501 (See appointment requirements under services provided)

806-792-3363

Website: www.trinityoutreachlubbock.com

Social Media:  

Description/Areas Served: South Plains region – do not limit based on location.

Services Offered: Food Pantry – walk-ins welcome. For food pantry you must bring ID, proof of address, and the Social Security number for all persons in the household. Clothing Storehouse – clothing and household goods; can shop up to three times each year. Ministry life coaching (biblical); budgeting classes; referral to services – call for eligibility requirements.

Days/Hours:

Food Pantry: Monday and Tuesday 9:00am-11:00am & 1:00pm-4:00pm; Wednesday and Thursday 9:00am-11:00am

Clothing Storehouse: Tuesday through Thursday 9:00am-11:00am

Fees/Funding: Church, donations

UNITED SUPERMARKETS (PHARMACY & CLINIC)
PHARMACIES AND MEDICAL CLINICS

Pharmacies

United Supermarkets
2703 82nd Street
Lubbock, TX 79423
806-745-3907

United Supermarkets
2630 Parkway Drive
Lubbock, TX 79403
806-765-7014

United Supermarkets
401 Slide Road
Lubbock, TX 79416
806-796-1895

United Supermarkets
1701 50th Street
Lubbock, TX 79412
806-747-3503

Living Well Express Care Clinics

United Supermarkets
2703 82nd Street
Lubbock, TX 79423
806-761-0428

United Supermarkets
1701 50th Street
Lubbock, TX 79412
806-761-0429

Website: www.unitedsupermarkets.com

Description/Areas Served: United Supermarkets, LLC, is a Texas-based, family-owned retail grocery chain with stores in 30 markets across north and west Texas.

Services Offered:

- 1) Certain antibiotics are free with physician's order including: Amoxicillin, Ampicillin, Cephalexin, Ciprofloxacin, Erythromycin, Penicillin, and Trimeth/Sulfa.
- 2) Free prenatal vitamins, 30 day supply with a physician's order, for up to a year.
- 3) In addition to pharmacy services, there are two medical clinics handling common minor illnesses, vaccinations, screenings and physicals.

Days/Hours: For pharmacies and clinics: Monday through Friday 9:00am-7:00pm; Saturday 9:00am-6:00pm; Sunday 1:00pm-6:00pm

UNIVERSITY MEDICAL CENTER (UMC) RESOURCE CENTER

3601 4th Street

Lubbock, TX 79430

806-775-8200

For “Blue Card” indigent assistance 806-775-9014 or 800-383-8039

Website: www.umchealthsystem.com

Social Media:   

Description/Areas Served: Call for areas

Services Offered: Health care, pharmacy, women’s health, and digestive diseases.

Days/Hours: Call for hours of operation

WEST TEXAS CENTER FOR MHMR

319 Runnels Street
Big Spring, TX 79720
432-264-2650
Crisis hotline 24 hours: 800-375-4357

Contact: Shelley Smith, LMSW, CEO

E-Mail: wtcvoice@yahoo.com

Website: www.wtcmhmr.org

Description/Areas Served: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum Counties

Services Offered: Services and supports for people with mental illness and/or intellectual and developmental disabilities. Adult Mental Health includes crisis intervention, case management, psychiatric evaluation and consultation, hospital screening, medication management, supported housing and employment, psychiatric rehabilitation, assistance with accessing benefits. Children's Mental Health includes psychiatric evaluations and screenings, case management, medication monitoring, social skills training for children and adolescents, parenting skills training, family counseling, home and school based intervention, assistance with Medicaid applications. The Intellectual and Developmental Disabilities Services (IDD) include day programming, employment assistance, service coordination, self-help skills training, respite, residential support, assistance with transitioning from schools, Home and Community Based Services, Texas Home Living Waiver Services. For IDD services call 1-888-831-6618 or 432-263-9700.

Days/Hours: Clinic hours Monday-Friday, 8:00am-5:00pm

Fees/Funding: TX DSHS

WOMEN'S PROTECTIVE SERVICES OF LUBBOCK, INC.

P.O. Box 54089
Lubbock, TX 79453
806-747-6491
Toll-Free: 800-736-6491

Contact: Jason Henry, Executive Director

Website: www.wps.lubbock.org

Description/Areas Served: Lubbock

Services Offered: Crisis intervention, shelter, food, clothing, medical assistance, transportation, individual and group counseling, legal advocacy, social services referral, employment assistance, housing assistance, education assistance, and community education. Shelter provides resident and non-resident services to victims of domestic violence and their children.

Days/Hours: Office hours: Monday-Friday, 8:00am-5:00pm; Shelter 24-hours daily

Fees/Funding: WPS programs and services are funded by the Texas Health & Human Services Commission, VOCA, VAWA, Office of the Attorney General, Lubbock Area United Way, Fundraising revenue, private foundations, and general contributions.

APPENDIX

Additional Resources Listed by Service Category

CHILD-RELATED RESOURCES

Child Care

YWCARE Aftercare Program

3101 35th Street
Lubbock, TX 79413
806-792-2723

Other Child-Related Resources

Big Brothers/Big Sisters of Lubbock

3416 Knoxville Avenue
Lubbock, TX 79411
806-763-6131

Boys and Girls Club of Lubbock

3301 Cornell Street
Lubbock, TX 79415
806-762-4990

Boys Scouts

#30 Briercroft Office Park
Lubbock, TX 79412
806-747-2631

Girl Scouts of Caprock Council

2567 74th Street
Lubbock, TX 79423
806-745-2855

Guadalupe Neighborhood Center

123 North Avenue N
Lubbock, TX 79401
806-765-9713

CLOTHING RESOURCES

American Council for the Blind Thrift Store

1508 34th Street
Lubbock, TX 79411
806-762-1453

Days/Hours: Monday through Friday 9:00am-8:00pm; Saturday 9:00am-4:00pm

Bridge of Lubbock

1301 East Redbug Avenue

Lubbock, TX 79403

806-687-0772

Services: Clothing closet

Days/Hours: Second and last Monday of every month 9:00am-12:00pm

Lubbock Habitat for Humanity Restore

2910 Avenue N

Lubbock, TX 79411

806-763-4663

Days/Hours: Wednesday 8:30am-3:00pm; Thursday through Saturday 8:30am-5:00pm

Savers Thrift Store

2015 50th Street

Lubbock, TX 79412

806-747-7500

Days/Hours: Monday through Saturday 9:00am-9:00pm; Sunday 10:00am-6:00pm

St. Paul's Thrift House

1508 Avenue X

Lubbock, TX 79423

806-762-4288

Days/Hours: Tuesday through Thursday 10:00am-1:00pm; Friday 10:00am-12:00pm; Saturday 9:30am-11:30am

COUNSELORS/COUNSELING REFERRALS**Anderson, Cheryl M.Ed, LPC**

8315 Indiana Avenue

Lubbock, TX 79423

806-794-1504

Fees: Sliding Scale

Arendale, Russ

806-438-8687

Services: Can provide services in the client's home; will travel to the client's home.

Fees: Does accept Medicaid

Capodagli, Rich M.Ed, LPC

Texas Plains Counseling Association

8302 Indiana Avenue

Lubbock, TX 79423

806-438-9262

Fees: Accepts Medicaid and most private insurances

Gateways Counseling

2232 Indiana Avenue, Suite One

Lubbock, TX 79410

806-793-6160 or 806-799-1033

Fax: 806-799-0825

Email: contact@gatewayscounseling.com

Website: www.gatewayscounseling.com

Services: Provides individual, couples, family and group counseling for all ages; psychological assessments and testing; SAVE Program (a batterers intervention and prevention program); adult sex offender group; women's group; ADHD group; adolescents sex offender group; anger management group for children; and social skills group for adolescents. Therapists are trained to perform psychological assessments, as well as psychosexual assessments.

Days/Hours: Monday through Friday 8:00am-5:00pm; some evening hours are available.

Life Changers – Dr. Terry Urnosky

4412 74th Street

Lubbock, TX 79424

806-795-5545

Services: Children and adult counseling covering stress, anxiety and depression

Fees: Sliding Scale

Listening Heart Center

3050 34th Street

Lubbock, TX 79410

806-773-1642

Website: www.listeningheartcenter.com

Fees: Sliding Scale \$20-\$40

Marriage and Family Therapy Associates

2500 Broadway

Lubbock, TX 79409

806-742-2011

Fees: Sliding Scale \$60-\$100 per hour; does take Medicaid and Medicare

Morgan, Kristin M.Ed, LPC, LCDC

7212 Joilet Avenue, Suite 4

Lubbock, TX 79423

806-445-3995

Fees: Accepts Medicaid, Medicare, private insurance and private pay

New Hope Christian Counseling

3311 81st Street, Suite F

Lubbock, TX 79423

806-794-4203

Shepard of the Plains

5812 73rd Street
Lubbock, TX 79423
806-794-4203
Fees: Free services

Southwest Center for Psychological Development

5502 58th Street, Suite 600
Lubbock, TX 79414
806-792-4713
Services: Counseling, psychotherapy and assessment for children, adolescents and adults
Fees: Medicaid, Medicare, private insurance and private pay

Thompson, Shelly M.Ed, LPC

Christian Counseling
5121 69th Street
Lubbock, TX 79424
806-798-3000
Fees: Medicaid, Sliding Scale and private insurance

DENTAL RESOURCES**Bliss Dental**

4819 Avenue Q
Lubbock, TX 79412
806-741-4101
Days/Hours: Walk-ins are welcome or call for an appointment
Fees: Flat fee; CHIP; Medicaid; private insurance

South Plains Health Provider

2801 West 8th Street
Plainview, TX 79072
806-293-4253

Women's Health Services

4102 24th Street
Lubbock, TX 79410
806-725-6579
Services: Dental services for children and adults; mammography services; emergency prescriptions and hearing aids.

EDUCATION / EMPLOYMENT RESOURCES

Adult Education Center

1601 24th Street
Lubbock, TX 79411
806-281-5750
Days/Hours: Monday through Friday 8:00am-5:00pm

Buckner Children & Family Services

129 Brentwood Avenue
Lubbock, TX 79416
806-795-7151
Website: www.buckner.org/lubbock

Buddy Holly Center

1801 Crickets Avenue
Lubbock, TX 79401
806-775-3560

Center for the Study of Addiction and Recovery

P.O. Box 41162
Lubbock, TX 79409
806-742-2891

Communities in School

1628 19th Street
Lubbock, TX 79401
806-766-1287

Floydada Professional Development Center

201 East California
Floydada, TX 79235
806-983-6082

Growing Recruits for Urban Business (GRUB)

2201 16th Street
Lubbock, TX 79401
806-762-3831

Hale County Literacy Council

825 Austin
Plainview, TX 79072
806-296-1147

Learn, Inc.

2161 50th Street
Lubbock, TX 79412
806-763-4256

Lubbock Area Coalition for Literacy

1306 9th Street
Lubbock, TX 79401
806-775-3636

Lubbock ISD Family Connections

1628 19th Street
Lubbock, TX 79401
806-766-1946

Lubbock Youth Leadership Academy

P.O. Box 94505
Lubbock, TX 79493
806-535-5437

Parent Enrichment

P.O. Box 94505
Lubbock, TX 79493
806-438-6273

Parents as Teachers

Texas Tech Early Child Development Program
515 North Zenith
Lubbock, TX 79403
806-765-2737

Shallowater ISD – Communities in Schools

1100 Avenue K
Shallowater, TX 79363
806-832-4531

The Parenting Cottage – Texas Families

3818 50th Street
Lubbock, TX 79413
806-795-7552

Services: Provides parent education, developmental screenings. Free car seats for clients who qualify.

Transitions Program

TTU for Adolescent Development and Resiliency
P.O. Box 41162
Lubbock, TX 79409
806-742-2897

West Texas Community Workforce

#4 Briercroft Office Park, Suite 100
Lubbock, TX 79401
806-771-7711

West Texas Parent Education Network

1001 Main Street, Suite 804
Lubbock, TX 79401
806-762-1434

Workforce Investment Act (WIA)

In School Youth – Caprock Community Action
224 South Berkshire
Crosbyton, TX 79322
806-675-7307

YWCA Aftercare Program

3101 35th Street
Lubbock, TX 79413
806-792-2723

FOOD RESOURCES**Community Baptist Church**

220 MLK Boulevard
Lubbock, TX 79403
806-747-8708

First Assembly of God

806-783-0800

First Baptist Church (Littlefield)

400 East 6th Avenue
Littlefield, TX 79339
806-385-4414

First Baptist Church (Lubbock)

2101 Broadway
Lubbock, TX 79401
806-747-0281

Services: Includes Global Missions

Days/Hours: Thursday 2:00pm-4:00pm

Lubbock Monterey Church of the Nazarene

806-799-8912

Redbud Baptist Church

806-799-3832

HOUSING REPAIRS FOR THE ELDERLY

Hub City Appliance Repair
P.O. Box 53386
Lubbock, TX 79453
806-745-4227

LEGAL ASSISTANCE

Texas Tech Tax Clinic

806-742-4312

Toll-Free: 800-420-8037

Services: Provides legal services to low-income taxpayers who are in dispute with the Internal Revenue Service.

LOW INCOME HOUSING RESOURCES

Housing Authorities

Levelland Housing Authority

806-894-9075

Do not need to live in the city to be on the waiting list

Lockney Housing Authority

806-652-2765

O'Donnell Housing Authority

806-428-3265

Olton Housing Authority

806-285-2768

Post Housing Authority

806-495-2233

Ralls Housing Authority

806-253-2645

Do not need to live in the city to be on the waiting list

Slaton Housing Authority

806-828-3395 or 806-828-3033

Do not need to live in the city to be on the waiting list

Tahoka Housing Authority

806-561-4716

Do not need to live in the city to be on the waiting list

Low Cost Apartments

Cameron Court

1001 North Indiana Avenue

Lubbock, TX 79415

806-765-8305

No felonies; no misdemeanor drug charges.

Campbell Properties

3512 Avenue Q

Lubbock, TX 79412

806-763-2075

Fax: 806-763-9334

Days/Hours: Monday through Friday 9:00am-5:00pm

Canterbury Pointe

1415 North Knoxville

Lubbock, TX 79414

806-792-6811

Services: 3-4 bedrooms

Fees: Minimum income required to qualify: \$10,584 and then sliding scale applied. Waiting List: \$20 application fee. (If client has a felony or criminal record, they must write a letter to explain circumstances.)

Castle Garden

1102 58th Street

Lubbock, TX 79412

806-765-8134

Services: 1, 2, 3, bedrooms

Fees: 30% of Adjusted Gross Income; Waiting List

Garden Apartments

1340 65th Drive

Lubbock, TX 79412

806-745-1232

Services: 2+ bedrooms

Fees: 30% of Adjusted Gross Income; Waiting List. (No felony convictions within the past 7 years)

Kingdom Towers Apartments

1629 16th Street

Lubbock, TX 79401

806-763-7572

High Plains Apartments

1607 Iola Avenue
Lubbock, TX 79416
806-797-1365

Days/Hours: Applications are available Tuesday and Thursdays 8:30am-4:30pm; can return anytime
Fees: 30% of Adjusted Gross Income; Waiting List. (No felony convictions within the past 7 years)

Homestead Apartments

5401 56th Street
Lubbock, TX 79412
806-792-6952

Services: Ages 65+ and disabled only

Fees: Income less than \$16,350; 30% of Adjusted Gross Income; Waiting List

Park Meadows Villas

(Formerly Greenfair)

Weber Drive & MLK Boulevard
Lubbock, TX 79403
806-744-2700

Fees: Income must be 2.5 times the calculated rent amount, based on a sliding scale. For instance, the minimum income for a one-bedroom apartment is \$677, because the lowest calculated rent is \$271. \$25 application fee. (No felony or misdemeanor conviction or adjudication involving “the damage or harm of persons or property, prostitution, sex offenses, possession, distribution or sale of controlled or prohibited substances or weapon charges”. DOES NOT MATTER HOW OLD THE CHARGE IS.)

Parkview Place

6402 Hartford
Lubbock, TX 79413
806-799-8868

Services: Over age 62 or disabled

Fees: 30% of Adjusted Gross Income; Waiting List

Pipkin Properties

806-797-3090
Houses or Duplexes

SB Properties (Foxhole)

5438 40th Street
Lubbock, TX 79412
806-791-4200

If you have a felony, it will depend on the charge.

Silver Village

5401 54th Street
Lubbock, TX 79412
806-797-1154

Services: 62 and older or disabled only

Fees: Monthly income less than \$1,200; 30% of Adjusted Gross Income

South Plains Apartments

5520 58th Street
Lubbock, TX 79412
806-795-8018

Services: 1, 2 and 3 bedrooms

Days/Hours: Monday through Friday 9:00am-11:00am & 1:00pm-4:00pm Applications

Fees: 30% of Adjusted Gross Income; Waiting List. (Felony? Depends on charge, then management decides.)

Wright Properties

806-763-8390
1610 Avenue R
Lubbock, TX 79401

MEDICAL RESOURCES**Freedom Square Clinic**

5022 Avenue Q
Lubbock, TX 79412
806-762-3597

Fees: New patients \$125; Established patients \$75

PRESCRIPTION ASSISTANCE**Austin Street Church of Christ**

510 Austin Street
P.O. Box 536
Levelland, TX 79336
806-894-4410

Broadway Church of Christ

806-763-0464

Neighborhood House

1212 13th Street
Lubbock, TX 79401
806-741-0459

Days/Hours: Call to make an appointment

RENTAL ASSISTANCE

Smithlawn Service Center

711 76th Street
Lubbock, TX 79404
806-745-2575

Sunset Service Center

3723 34th Street
Lubbock, TX 79410
806-792-5191

SURVIVOR OR BEREAVEMENT GROUPS

First Baptist Church

2201 Broadway
Lubbock, TX 79401
806-747-0281
Contact: Jerry Higgins, Group Facilitator
Services: "Grief Share"

Lakeridge United Methodist Church

4701 82nd Street
Lubbock, TX 79423
806-794-4015
Services: "Grief Share"
Days/Hours: Meetings Tuesday at 6:30pm

Mental Health Association in Texas

1210 San Antonio Street
Austin, TX 78757-7544
512-454-3706
Website: www.mhatexas.org
Email: MHAINFO@MHATexas.org

TRANSPORTATION SERVICES

Hale Center Senior Citizens Association, Inc.

416 West 2nd Street
Hale Center, TX 79041
806-839-2428

Medicaid Transportation

Toll-Free: 800-692-4182

Need 24-hour notices; no calls after 3:30pm

UTILITIES ASSISTANCE**Hockley County Public Assistance**

811 B Austin Avenue

Levelland, TX 79336

806-894-4264

Neighborhood House

1318 Broadway

Lubbock, TX 79401

806-741-0459

Services: Utilities assistance to elderly households that include at least one member 60 years of age or older, and disabled households including at least one member living with disability under the age of 60.

Days/Hours: Call to make an appointment