

Lubbock HSDA Resource Inventory

ACCION FOR RURAL WEST TEXAS -AGAINST COLORECTAL CANCER IN OUR NEIGHBORHOOD

Address: 3601 4th Street Lubbock, TX 79430

Phone: 806-743-4086

Fax: 806-743-4089

Contact: Liesl Wyatt

Website: tuhsc.edu/gsbs/publichealth/accionwt/about.aspx

Hours of Operation: Call for hours

Description/Areas Served: Crosby, Floyd, Garza, Hale, Hockley, Lamb, Lubbock, Lynn and Terry.

Services Offered: Provides colorectal cancer screenings and colonoscopies for uninsured persons ages 50-75.

Fees/Funding: No cost/Grant-funded by CPRIT and offered through the Department of Public Health at the Texas Tech University Health Sciences Dept.

ACCOLADE HOSPICE

Address: 5201 Indiana Avenue Suite 101 South Lubbock, TX 79413

Phone: 806-788-0158 or toll free 877-788-0158

Fax: 806-788-1561

Contact: Amanda Hunsaker, Agency Administrator Cathy Banks, Agency Director

Website: www.accoladehomecare.com

Hours of Operation: Monday-Friday, 8:00am-5:00pm, phone answered 24 hours daily.

Description/Areas Served: Parmer, Castro, Swisher, Briscoe, Hall, Childress, Bailey, Lamb, Hale, Floyd, Motley, Cottle, Cochran, Hockley, Lubbock, Crosby, Dickens, King, Yoakum, Terry, Lynn, Garza, Kent, Stonewall, Gaines, Dawson, Borden, Scurry, and Fisher.

Services Offered: Options for patients and families facing illness that is treatable but not curable, hospice is available to anyone with a life expectancy of six months or less, eligibility must be certified by the patient's physical or hospice medical director, service includes skilled nurses, social worker, chaplain, hospice care aides.

Fees/Funding: Medicaid, Medicare reimbursement

AREA AGENCY ON AGING OF THE PANHANDLE

SOUTH PLAINS ASSOCIATION OF GOVERNMENTS

Address: 1323 58th Street Lubbock, TX 79452; P.O. Box 3730 Freedom Station Lubbock, TX 79452

Phone: 806-687-0940 or toll free 888-418-6564

Fax: 806-765-9544

Contact: Francisco Sotelo

Email: fsotelo@spag.org

Website: www.spag.org

Hours of Operation: Monday through Friday, 8:00am-5:00pm

Description/Areas Served: City of Lubbock and surrounding areas

Services Offered: The Care Coordination program provides assistance to senior citizens 60 years and older who are in need of services that include minor residential repair, emergency response systems, eye exams and eyeglasses, hearing aids, prescription medications, dental service and durable medical equipment such as walkers, and lift chairs. Additional programs include Homemaker Services, Personal Assistance, Adult Day, Chore Maintenance, and Medication transportation. The purpose is to promote healthy independence at home.

AUSTIN STREET CHURCH OF CHRIST

Address: 510 Austin Street P.O. Box 536 Levelland, TX 79336
Phone: 806-894-4410

Hours of Operation: Call for hours

Description/Areas Served: Hockley County

Services Offered: Prescription medication assistance; food pantry.

BACKYARD MISSION (BYM) & ADOPT-A-HOUSE PROGRAM

Address: 8205 Quincy Avenue Lubbock, TX 79424

Phone: 806-300-0184

Contact: Laurie Foster (Founder/Director)

E-Mail: Lfoster@backyardmission.org

Website: www.backyardmission.org

Hours of Operation: Monday – Friday, 9:00am-4:00pm

Description/Areas Served: City of Lubbock only

Services Offered: Must apply to determine eligibility. Age 60 and older, low-income as determined by the City's income guideline table (cannot exceed 80% of median income), must provide proof that own home or are purchasing home (NO RENTAL), must live in home, home must be in Lubbock, repairs address warm and dry issues not home makeovers, work on living space only, NO room additions or remodels, NOT an emergency response program; waiting period is 1-2 years for volunteer labor (BYM), but if homeowner is able to do the work, BYM can provide materials and it takes 1-2 weeks to get the materials. Once materials are delivered or a voucher issued, repairs must be completed within 30 days (this is offered March – October). For mobile homes, only materials are available but not help with labor. Wall heaters and water heaters require payment to licensed professionals to be installed and there is not a waiting list. BYM does not re-plumb or re-wire an entire house. Typical things BYM helps with: leaking roofs, exterior paint, siding repair, broken windows/storm windows (do NOT replace existing windows), exterior doors/storm doors, heater repairs/replacement, water heater repairs/replacement, plumbing repairs, window A/C units. THERE IS A DOLLAR LIMIT PER HOUSE AND NOT ALL REPAIRS CAN BE DONE ON ONE HOME.

Fees/Funding: Private donations, grants

BLISS DENTAL

Address: 4819 Avenue Q Lubbock, TX 79412

Phone: 806-741-4101

Fax: 806-741-4104

Website: blissmiles.com

Hours of Operation: Monday through Friday 9:00am-6:00pm; Saturday 9:00am-3:00pm

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: General and specialty dentistry. Walk-ins are welcome or you can call for an appointment.

Fees: Flat-fee, CHIP, Medicaid and private insurance

BROADWAY CHURCH OF CHRIST

Address: 1924 Broadway Street Lubbock, TX 79401

Phone: 806-763-0464

Contact: Karl Ihfe, Senior Minister

Website: www.bwaychurch.org

Hours of Operation: Call for hours

Description/Areas Served: Lubbock and surrounding areas

Services Offered: Prescription medication assistance; food pantry.

OPEN DOOR LUBBOCK

Address: 1916 13th Street (13th and Avenue T) Lubbock, TX 79405

Phone: 806-766-2453

Website: www.carpenterslubbock.org

Hours of Operation: Call for hours of operation

Description/Areas Served: Lubbock

Services Offered: While their main focus is homeless, they also offer monthly Health Fairs, are currently building a housing project, provide NA/AA support groups, and work with prevention of sex trafficking.

CATHOLIC CHARITIES, DIOCESE OF LUBBOCK (FORMERLY CATHOLIC FAMILY SERVICE)

Address: 102 Avenue J Lubbock, TX 79401-1438

Phone: 806-765-8475

Fax: 806-765-8630

Website: www.cclubbock.org

Hours of Operation: For most services: Monday – Friday, 8:00 am-5:00 pm. Call to see if an appointment is needed.

Description/Areas Served: Lubbock and 30 surrounding counties.

Services Offered:

Youth and Families: Services to At-Risk Youth (STAR): Free crisis counseling for youth 0-17 and their parents; free parenting classes; dating violence prevention; Safe Place – a service that provides numerous safe outlets for runaway youth in the community aside from that at the Catholic Charities main office – call 24-hour hotline (1-800-530-4704) or text “SAFE” with location (address/city/state) to 69866; Tobacco Cessation. Runaway Homeless Youth (RHY): Emergency temporary shelter, skill building, and counseling for youth 10-17 and their families. 24-hour hotline (1-800-530-4704). Monday through Friday,

8:00am-5:00pm. 21st Century: Parent Enrichment Programs and Social Services for families whose children are enrolled in the After School Center for Education (ACE) before and after school programs. **Family**

Counseling: Individual, marital, family counseling, anger management. **Immigration and Legalization:** Immigration and US citizenship assistance. Contact Rosario Jimenez, Director, 806-741-0409. Monday through Friday, 8:30am-5:00pm; first Saturday of the month (unless it is a holiday), 9:00am-12:00pm.

Emergency Assistance: Ease crisis caused by lack of funds or life-altering situations: helps with food, utilities, medications, clothing and eyeglasses (City of Lubbock only), counseling and referrals. **Parent**

Empowering Program (PEP): Assists low-income families with at least one child under the age of 18: finish their college education (undergraduate only); pay for the cost of their GED test. Those in the program can be assisted with aid in: tuition, rent, utilities, books, uniforms, and mileage reimbursement. There is currently a wait list for this program. Contact Sabrina Robbins, 806-765- 8475. (Serves only those in Lubbock County) **Nutrition and Wellness:** Classes which teach participants how to become savvier and healthier shoppers, healthier eaters, and ware of the food they eat. Program is free for all who wish to attend. Contact Rachel Gentry, 806-765-8475

Resale Center: 1505 34th Street (near I-27 and 34th Street). 806-763-8315 Hours: Monday through Saturday, 9:30am-5:30pm. Closed on Holidays. Provides clothing, household appliances, and furniture for every need. Through Emergency Assistance they are able to provide a Wish List of items. Appointments for the Wish List can be made at the main office. Donation Center is located at 2218 34th Street (near University Avenue & 34th Street). Hours: Monday through Saturday, 9:30am- 4:00pm.

Bus passes are available.

Fees/Funding: United Way, Covenant Hospital, donations, federal funds.

CENTRAL LUBBOCK CHURCH OF CHRIST (INSIDE/OUT PROGRAM)

Address: 1409 23rd Street, Lubbock, TX 79405

Phone: 806-744-8633

Hours of Operation: Call for days and hours of operation

Description/Areas Served: Lubbock County

Services Offered: Health education/risk reduction, HIV prevention education, street outreach, peer education, substance abuse intervention, support groups, peer counseling, food pantry, clothing assistance, Imani House (emergency shelter), transitional living centers for men and women, family and individual

counseling to the general public. Individuals needing specific HIV services are referred to 211.

CENTRAL PLAINS CENTER

Address: 2700 Yonkers Plainview, TX 79072

Phone: 806-293-2636; 24-hour Crisis Hotline: 1-800-687-1300

Contact: Sherri Bohr, Chief Services Officer

Website: www.centralplains.org

Hours of Operation: Call for hours of operation.

Description/Areas Served: Parmer, Castro, Swisher, Briscoe, Bailey, Lamb, Hale, Floyd and Motley

Services Offered: Adults, Children and Adolescents: Mental health services, including case management.

Substance abuse services, and a Jail Diversion Program. 806-296-2726. **Early Childhood Intervention (ECI):** 806-296-2726. **Intellectual and Developmental Disabilities (IDD):** 806-296-2726.

Substance Abuse Treatment Program: 806-291-4422. This is a 12-bed residential treatment program for adolescent boys. It is a 90-day treatment program. **Crisis Services:** Services consist of a 24 hour, 7 days a week Crisis Hotline (1-800-687-1300); Mobile Crisis Outreach Teams; and Crisis Respite Services – two locations with a total of four beds; Crisis Transportation; and Crisis Flexible Funds – funds utilized to provide non-clinical supports for the purpose of reducing crisis situations and enhance the individual’s ability to remain in the home or community. **Rural Children’s Initiative (RCI):** Call for details on this new program.

CITIBUS – LUBBOCK

Address: 801 Texas Lubbock TX 79401; 801 Broadway Avenue; P.O. Box 2000, Lubbock, TX 79401

Phone: 806-712-2000

Fax: 806-712-2012

Website: www.citibus.com

Hours of Operation: Monday – Saturday – times vary from early morning to night.

Fixed route system operates Monday-Friday, 5:25am – 7:45pm and Saturdays, 6:45am – 7:55pm.

Evening Services requires registration: Monday – Saturday, 6:45pm - 10:30pm

Paratransit service requires an application process Monday – Saturday, 6:00am – 6:45pm

Description/Areas Served: City of Lubbock

Services Offered: Bus service on fixed routes plus Evening Service and Paratransit

Fees/Funding: Funded by Federal, state, and local government.

COALITION OF HEALTH SERVICES, INC.

Address: 2813 West 8th Plainview, TX 79072 (sub office, main office in Amarillo)

Phone: 806-337-1700

Contact: Carolyn Witherspoon, Executive Director

Website: www.cohs.net

Hours of Operation: Call for hours

Services Offered: Breast and Cervical Cancer Services: This program targets women 50-64 who are at or below 200% of poverty. Clinics where the services can be received: Texas Panhandle Family Planning & Health Centers, 1501 South Taylor, Amarillo, TX (806-372-8731). Harrington Comprehensive Breast Center, 1310 Wallace Blvd., Amarillo, TX Northwest Women and Children’s Clinic, 814 Martin Road, Amarillo, TX 806-468-4390. Claude Medical Clinic, 201 S. Park, Claude, TX (806-886-5611). **Primary Health Care:** This program provides prevention-oriented, education-based primary health care to Texas residents who could otherwise not receive such care. Eligibility is limited to those Texas residents whose gross family income is at or below 150% of the Federal Poverty Income Guidelines and who do not qualify for any other programs or benefits that provide the same services. **Care for Kids:** This program offers outreach and information for several programs including Children’s Medicaid and the Children’s Health Insurance Program (CHIP), TANF (Temporary Assistance for Needy Families), food stamps, the Women’s Health Program, CHIP Perinatal and Long-Term Care. They also assist senior citizens in completing the application for Long Term Care; and provide resource information at various Senior Citizen Centers in the coverage area

UNITING PARENTS

Address: 8212 Ithaca, Suite W-11 Lubbock, TX 79423

Phone: 806-785-5818

Fax: 806-687-0249

Contact: Maria Garcia, Program Director (806-337-1700 ext. 212)

E-Mail: maria.garcia@cohs.net

Website: unitingparents.cohs.net

Hours of Operation: Call for hours

Services Offered: Parent case management programs for families of children with chronic illnesses and/or disabilities.

Fees/Funding: DSHS

COCHRAN COUNTY SENIOR CITIZENS ASSOCIATION

Address: 120 West Wilson Avenue Morton, TX 79346

Phone: 806-266-5121

Hours of Operation: Monday through Friday – 9:00am-5:00pm

Description/Areas Served: Lubbock

Services Offered: Provides transportation to Lubbock for doctor's visits and around town.

COMMUNITY HEALTH CENTER OF LUBBOCK, INC (CHCL) (FQHC)

Address: 1313 Broadway Lubbock, TX 79401

Phone: 806-765-2611

Fax: 806-687-5826

Website: www.tachc.org/center/community-health-center-of-lubbock-inc

Description/Areas Served: Lubbock County

Services Offered: Federally qualified health center (FQHC): the center maintains service sites and provides services such as primary medical care, dental, eye care, health education, nutrition counseling, social services, family planning, HIV/AIDS testing and counseling, transportation assistance, laboratory, pharmacy, substance abuse counseling, and mental health counseling.

Arnett Benson Medical & Dental Clinic

Address: 3301 Clovis Road Lubbock, TX 79415

Phone: 806-763-5557

Fax: 806-765-0754

Hours of Operation: Medical 8:00am-5:00pm; Dental Monday through Wednesday 8:00am-7:00pm; Thursday through Friday 8:00am-5:00pm; 1st & 3rd Saturday of the month 8:00am-12:00pm.

Parkway Community Health Center

Address: 406 MLK Boulevard Lubbock, TX 79403

Phone: 806-767-9744

Fax: 806-767-9930

Hours of Operation: Monday through Friday 8:00am-5:00pm; Saturday 9:00am-5:00pm.

Chatman Community Health Center

Address: 2301 Cedar Avenue Lubbock, TX 79404

Phone: 806-749-0024

Fax: 806-771-8477

Hours of Operation: Monday through Friday 8:00am-5:00pm

CHCL West Medical & Dental Clinic

Address: 5424 19th Street, Suite #200 Lubbock, TX 79407

Phone: 806-765-2611

Hours of Operation: Monday through Friday 9:00am-6:00pm (closed at lunch)

CHCL 96 West

Address: 2401 Fulton Avenue, #B Lubbock, TX 79407

Phone: 806-765-2611

Hours of Operation: Monday through Friday 9:00am-6:00pm (closed at lunch)

CHCL Community Dental Clinic

Address: 1826 Parkway Drive, Suite 500 Lubbock, TX 79403

Phone: 806-687-6259

Fax: 806-687-5286

Hours of Operation: Monday through Friday 8:00am-5:00pm (closed at lunch)

CHCL Downtown Clinic

Address: 1610 5th Street (Corner of 5th Street & Avenue Q) Lubbock, TX 79401

Phone: 806-765-2611

Hours of Operation: Pediatrics – MWF 8:00am-5:00pm, TTh 8:00am-6:00pm (closed at lunch) Adult, Women, Dental & Eye Clinic – Monday through Friday, 8:00am-5:00pm (closed at lunch)

First United Methodist Church—Homeless Health

Address: 1411 Broadway Lubbock, TX 79401

Phone: 806-763-4607

Hours: Call for dates, times and requirements.

Walker House

Address: 1614 Avenue K Lubbock, TX 79401

Phone: 806-763-7633

Hours of Operation: Monday through Friday 8:00am-5:00pm

Services: Checkups, treatment, pregnancy care (where applicable), immunizations and child care (where applicable), prescription medicine and mental and substance abuse where applicable. Walker House is a Homeless Health Center.

COMPREHENSIVE ENERGY ASSISTANCE PROGRAM (CEAP)

Address: 224 South Berkshire Crosbyton, TX 79322

Phone: 806-675-7307

Website: www.tdhea.state.tx.us/ea/ceap.htm

Hours of Operation: Call for hours

Description/Areas Served: Crosbyton and surrounding areas.

Services Offered: Energy assistance program. Need to bring social security cards of all members in the household, bills that person needs assistance paying, and proof of income.

CORNERSTONE HOMES

Address: 222 Rosebud Parkway & MLK Boulevard Lubbock, TX 79403

Phone: 806-762-4711

Hours of Operation: Monday, Tuesday, Wednesday & Friday – 8:00am-12:00pm; Thursday – 10:00am-12:00pm and 1:30pm-4:30pm.

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: Low-income housing. Two and three bedrooms only. There is a waiting list.

Fees/Funding: HUD housing; rent is 30% of adjusted gross income.

COVENANT BEHAVIORAL HEALTH SERVICES

Address: 3615 19th Street Lubbock, TX 79410

Phone: 1-800-972-7575 – 24 hour hotline

Website: www.covenanthealth.org

Hours of Operation: Call for hours of operation

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: Comprehensive treatment for mental and emotional problems, including depression, anxiety and substance abuse.

Fees/Funding: Financial assistance available

COVENANT WOMEN'S AND CHILDREN'S CENTER

Address: 4000 24th Street Lubbock, TX 79410

Phone: 806-725-600

Website: www.covenanthealth.org

Hours of Operation: Call for hours of operation

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: Women's and children's health services.

COVENANT FAMILY DENTAL CLINIC

Address: 4122 22nd Place, Suite D Lubbock, TX 79410

Phone: 806-725-2222

Hours of Operation: Call for hours of operation

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: Family Dental Clinic: Lubbock area residents can receive comprehensive dental care at reduced cost at Covenant Children's Dental Clinic. These services, including oral screenings and sealants, are available to all children who are eligible for Medicaid or CHIP, and adults and children who meet certain financial requirements. Adult and child patients must financially qualify for services prior to obtaining an appointment. The cost of services will be based on the federal poverty guidelines.

Covenant's Adult & Children's Dental Clinic is located at 4122 22nd Place, Suite D, Lubbock, Texas. Clinic hours are Monday through Thursday, 7:30am to 4:30pm. For more information about the clinic, call 806-725-2222. Mobile Dental Services Program: Covenant's Mobile Services program consists of two dental vans serving Texas. Mobile dental vans provide dental services for the rural, adult, indigent population within a 100-mile radius of Lubbock. The units are staffed by licensed dentists and experienced dental assistants. Professional services including fillings, extractions and other basic dental procedures. Clients must meet financial eligibility criteria. Denture program is also available. For more information, or to make an appointment, call 806-725-2222.

COVENANT COUNSELING CENTER

Address: 1302 Broadway Lubbock, TX 79401-3206

Phone: 806-725-5443

Services Offered: Individual, marital/relationship and family therapy.

Fees: Sliding scale fee \$5-\$40

COVENANT DIABETES EDUCATION PROGRAM

Address: 4122 22nd Place Lubbock, TX 79410

Phone: 806-725-2222

Services Offered: Classes, individual appointments, and Health Fairs.

CRISIS CENTER OF THE PLAINS

Address: 115 East 7th Street P.O. Box 326 Plainview, TX 79072

Phone: 806-293-9772; 24-hr. hotline: 806-293-7273

Fax: 806-293-3686

Website: www.facebook.com/Crisis-Center-of-the-Plains

Hours of Operation: Office: Monday through Friday – 8:30am-5:30pm (closed 12:00-1:00 for lunch)

Description/Areas Served: Hale, Floyd, Lamb, Motley, Castro, Swisher, Briscoe and Hall Counties.

Services Offered: Women's shelter from domestic violence; emergency shelter; food; clothing;

transportation; emergency medical advocacy; legal advocacy. Walk-ins welcome.
Fees: Free of charge and confidential

CITY OF CROSBYTON

Address: 221 West Main Street Crosbyton, TX 79322

Phone: 806-675-2301

Fax: 806-675-7012

Website: www.cityofcrosbyton.org/site/living/resources/

Description/Areas Served: City of Crosbyton

Services Offered: Crosbyton Clinic Hospital – serves the community with a rural health clinic, a 25-bed hospital and 24/7 emergency services. Crosbyton Care Center and Reeves-Rhodes Terrace – meets the needs of many Crosbyton senior citizens with consistent and appropriate care for their needs.

Crosbyton Senior Citizens – provides healthy meals, straight from the garden in season, plus the chance to meet and visit with neighbors each day at 12:00 noon. Home deliveries of the meals are available.

CROSBYTON HOUSING AUTHORITY

Address: 202 South Ayrshire Crosbyton, TX 79322

Phone: 806-657-2842

Services Offered: Low-rent housing. Savannah Park Apartments – 806-675-2972. Crosbyton Rural Development Apartments – 806-675-2593

Fees/Funding: HUD subsidy, rental income

FAMILY PROMISE OF LUBBOCK, INC.

Address: 1319 15th Street, Lubbock, TX 79401 (Mail: P.O. Box 1258, Lubbock, TX 79408)

Phone: 806-744-5035

Website: www.familypromiselubbock.org/

Hours of Operation: Monday – Friday, 8:00am – 5:00pm

Description/Areas Served: Lubbock and surrounding areas

Services Offered: Homeless shelter provides temporary shelter for families with children, 18 and younger, through a network of interfaith congregations. There is sometimes a waiting list so please call for information. Eligibility Requirements: parents are required to work while in the program, families must have children under the age of 18, parents must pass a background check and drug screening. Assist families with the following: shelter, transportation, meals, housing search, job search, childcare, life skills training, and case management.

Fees/Funding: Individual donations, foundation grant, community development block grants, fundraisers

FIRST UNITED METHODIST CHURCH – OUTREACH CENTER

Address: 1411 Broadway Street Lubbock, TX 79401

Phone: 806-763-4607

Contact: Dr. Craig Curry, Senior Minister

Phone: 806-763-4607 ext. 242

Email: [ccurry@fumc.com](mailto:c Curry@fumc.com)

Website: www.fumc.com

Hours of Operation: Call for hours of operation

Description/Areas Served: Lubbock

Services Offered: Food services; health services for the homeless.

FLOYDADA HOUSING AUTHORITY, CITY OF

Address: 210 East California Floydada, TX 79235

Phone: 806-983-5165 or 983-3171

Hours of Operation: Call for hours of operation

Description/Areas Served: Floyd and Motley

Services Offered: Housing for low income families; do not have to live in the city to be on the waiting

list.

Fees/Funding: USDA, U.S. Department of Urban Development

GOODWILL INDUSTRIES OF LUBBOCK

Address: 715 28th Street Lubbock, TX 79404

Phone: 806-744-8419; Toll-Free: 877-944-8419

Email: lmartinez@lubbockgoodwill.org

Website: www.goodwillwtexas.org

Hours of Operation: Call for hours

Description/Areas Served: Lubbock and surrounding areas.

Services Offered: Job Training and Placement.

Fees/Funding: Funded through the United Way

Address: 2710 Spur 327 Lubbock, TX 79424

Phone: 806-796-8610

Website: www.goodwillwtexas.org

Hours of Operation: Monday through Saturday 9:00am-7:00pm, Sunday 12:00pm-5:00pm

Address: 1940 34th Street Lubbock, TX 79411

Phone: 806-747-3733

Website: www.goodwillwtexas.org

Hours of Operation: Monday through Saturday 9:00am-7:00pm, Sunday 12:00pm-5:00pm

Address: 1109 Broadway Street Lubbock, TX 79401

Phone: 806-744-1112

Website: www.goodwillwtexas.org

Hours of Operation: Monday through Saturday 9:00am-6:00pm

GREEN LAWN CHURCH OF CHRIST

Address: 5701 19th Street Lubbock, TX 79407

Phone: 806-795-4377

Website: www.greenlawn.org

Hours of Operation: Monday, 1:30pm-3:00pm; Thursday, 9:00am-11:00am

Description/Areas Served: Lubbock

Services Offered: "The Blessing Center" Food pantry and clothing closet.

Fees/Funding: Low-income residents are eligible to receive services.

GUADALUPE ECONOMIC SERVICES CORP.

Address: 1502 Erskine Street Lubbock, TX 79403

Phone: 806-744-4416

Fax: 806-744-7940

Website: www.gescorp.org

Hours of Operation: Monday through Thursday 8:00am-5:00pm (closed 12:00-1:00); Friday 8:00am-12:00pm

Description/Areas Served: Panhandle regions of Texas.

Services Offered: Assists low and very low income families with food, clothing and rent. Offers USDA Section 514 housing.

GENESIS THRIFT STORE

Address: 1502 Erskine St, Lubbock, TX 79403

Phone: 806-702-8994

Hours of Operation: Monday through Friday 10:00am-6:00pm; Saturday 10:00am-3:00pm

Services Offered: Clothing, bedding, housewares and furniture.

HALE CENTER HOUSING AUTHORITY

Address: 513 West 4th Street Hale Center, TX 79041 806-839-2281

Hours of Operation: Call for hours of operation

Description/Areas Served: Hale County

Services Offered: HUD Section 8 program, housing subsidy

Fees/Funding: Federal Funds

HEARTLINE WOMEN'S CLINIC

Address: 2309 Broadway Street Lubbock, TX 79401

Phone: 806-788-0500

Website: www.heartlinelubbock.com

Hours of Operation: Monday through Thursday 9:30am-5:30pm

Description/Areas Served: Lubbock

Services Offered: Pregnancy tests; ultrasounds; limited material assistance; life coaching; parenting classes; and post-abortion support.

Fees/Funding: Free and confidential services

HUMAN RESCUE COALITION

Address: Confidential

Contact: HumanRescueCoalition@gmail.com

Services Offered: A West Texas group of concerned citizens advocating for the rescue and restoration of those trapped in human trafficking and the sex industry through awareness, education, and action. Provide resource information to victims. Conduct jail outreach, strip club outreach, street outreach. For information on monthly meetings, contact HumanRescueCoalition@gmail.com.

JACOB'S LADDER OUTREACH CENTER

Address: 1701 Buddy Holly Avenue (17th & Buddy Holly)Lubbock, TX 79401

Phone: 806-747-0071

Hours of Operation: Call for hours of operation

Description/Areas Served: Lubbock

Services Offered: Food services.

LARRY COMBEST COMMUNITY HEALTH & WELLNESS CENTER (FQHC)/TEXAS TECH UNIVERSITY HEALTH SCIENCES CENTER (TTUHSC) SCHOOL OF NURSING

Address: 301 40th Street Lubbock, TX 79404 (Combest Sunrise Canyon Clinic 1950 Aspen Avenue Lubbock, TX)

Phone: 806-743-9355

Website: www.ttuhsu.edu/son/combest

Hours of Operation: Monday and Tuesday 8:00am-12:00pm & 1:00pm-5:00pm; Wednesday through Friday 8:00am-12:00pm & 1:00pm-10:00pm; Sunday 1:00pm-6:00pm

Description/Areas Served: Lubbock and surrounding areas

Services Offered: Special healthcare services offered include: Illness Care; Physician Exams for Children; Minor Injuries; Physical Exams for all Ages; Childhood and Adult Immunizations; Well Woman Exams: Pap Smears, STD, Pregnancy Testing and Contraception; On-Site Laboratory; Prescription Assistance Program; Chronic Disease Management Program (Diabetes, Asthma, Hypertension, Obesity); Nutritional Education and Behavioral Health. Transportation is offered to patients who cannot make their appointments. Criteria for transportation includes: must be an established patient; must have no means of transportation; and minor children must be accompanied by a parent/guardian for transport. Car seats and booster chairs are required. Call 2-3 days prior to schedule appointment to inquire about transportation availability.

Fees/Funding: Medicaid, Medicare and other private insurances are accepted. Sliding-scale fee available (bring proof of income to qualify). Federally Qualified Health Center (FQHC), state funds. No one is

turned away for inability to pay (payment arrangements can be made).

LEGAL AID SOCIETY OF LUBBOCK

Address: 916 Main St., Suite 103 Lubbock, TX 79401

Phone: 806-762-2325

Website: www.lubbocklegalaid.org

Hours of Operation: Monday-Thursday 8:30am-5:00pm (closed for lunch), Friday 8:30am-12:00pm

Description/Areas Served: Lubbock

Services Offered: Family law (ex: child custody, divorces, adoption), medical directives, and wills.

Fees/Funding: United Way and other funds. Fees are based on a sliding scale.

LEGAL AID OF NORTHWEST TEXAS – EQUAL JUSTICE VOLUNTEER PROGRAM

Address: Lubbock: 1711 Avenue J Lubbock, T 79401; Plainview: 305 West 7th Street Plainview, TX 79072

Phone: Lubbock: 806-763-4557 or 1-800-933-4557; Plainview: 806-293-8491 or toll-free 1-800-955-8491

Fax: Lubbock: 806-765-7201; Plainview: 806-296-0786

Website: www.lanwt.org

Hours of Operation: Monday through Friday, 8:00am-5:00pm

Description/Areas Served: Several counties, call for specifics

Services Offered: Free legal clinics, family law (such as child support, divorce, etc.) wills, medical directives, employees' rights, consumer rights (bankruptcy, consumer fraud, home improvement fraud, etc.), housing rights, individual rights (civil rights violations, discrimination, Pauper's Access to Court, etc.), public benefits (county assistance, Medicaid/SSI issues, Temporary Assistance to Needs Families (TANF), unemployment compensation, Veterans' benefits, etc.), and a Low Income Taxpayer Clinic (U.S. Tax Court litigation, Social Security and IRS issues, etc.). No criminal cases; no personal injury cases.

Fees/Funding: Free to those meeting income-eligibility guidelines.

LIGHT HOUSE BEHAVIORAL HEALTH

THERAPRACTIC MANAGEMENT SYSTEMS

Address: 6502 Slide Road, Suite 207 Lubbock, TX 79424

Phone: 806-771-8808

Fax: 806-771-8809

Contact: Dr. Patrick Randolph 806-853-9489

Hours of Operation: Monday-Friday, 8:00am-5:00pm

Description/Areas Served: Yoakum, Terry, Motley, Lynn, Lubbock, Lamb, King, Hockley, Hale, Garza, Floyd, Dickens, Crosby, Cochran, and Bailey counties.

Services Offered: Substance abuse counseling and mental health screening.

Fees: Sliding scale; accepts Medicare, Medicaid and some private insurance.

LOAVES & FISHES: HOPE COMMUNITY OF SHALOM

Address: Asbury United Methodist Church 2005 Ave. T Lubbock, TX 79411

Phone: 806-762-0829

Email: steve@hopeshalom.org

Website: www.hopeshalom.org

Hours of Operation: Monday through Thursday, 9:00am-4:00pm; Friday, 9:00am-12:00pm

Description/Areas Served: Lubbock

Services Offered: Limited food and toiletries, prayer and fellowship. Partnered with Heart of Lubbock Housing, Inc. to provide high quality affordable housing to families having trouble qualifying to rent or buy a home. Summer meal sites for South Plains Food Bank's Kid's Cafe Program.

Fees/Funding: Donations

LUBBOCK CHILDREN'S HEALTH CLINIC

Address: 1801 East 14th Lubbock, TX 79403; 302 North University Lubbock, TX 79415

Phone: 806-749-3800; 806-749-3803

StarCare Specialty Health System 2019-2024 Comprehensive Needs Assessment
Germane Solutions 2019

Fax: 806-749-3802; 806-749-3805

Days/Hours: 1801 East 14th) Monday-Friday 1:00pm-5:00 pm; (302 North University) Monday-Friday 8:00am-12:00pm and 1:00pm-5:00pm

Website: www.lubbockchildrenshealthclinic.org

Description/Areas Served: Lubbock, but no one turned away

Services Offered: Pediatric medical care services.

Fees/Funding: United Way, payments made through Medicaid, CHIP, and some private insurance. Sliding scale fees are available according to income and size of household. However, no one is ever turned away from the clinic because of an inability to pay.

LUBBOCK COMMUNITY DEVELOPMENT, CITY OF

Address: 1611 10th Street Lubbock, TX 79401

Phone: 806-775-2301; For housing programs call 806-775-2296

Website: www.mylubbock.us/departmental-websites/departments/community-development/resources

Hours of Operation: Monday-Friday, 8:00am-5:00pm

Description/Areas Served: City of Lubbock.

Services Offered: First time homebuyers, fair housing complaints, home repair.

Fees/Funding: Federal Funds

LUBBOCK COUNTY GENERAL ASSISTANCE

Address: 916 Main Street, Suite 104 Lubbock, TX 79401

Phone: (806) 775-1780

Fax: 806-775-7982

Contact: Diana Gurule-Copado (Director)

E-Mail: dgurule-copado@co.lubbock.tx.us

Website: www.co.lubbock.tx.us/department/?fDD=12-0

Hours of Operation: Monday-Friday, 8:00am-5:00pm

Description/Areas Served: Lubbock County

Services Offered: Maximum assistance is two times in a calendar year: Bilingual staff. Facilities accessible to persons with disabilities. Lubbock County General Assistance is a public, tax-supported family agency established primarily to meet, on a temporary basis, the financial needs of the indigent families who are residents of Lubbock County. Casework services are offered to the needy for the purpose of assisting in rehabilitation of the client and/or his family members. There may be waiting lists for services.

Qualifications: Household must include either a totally disabled adult or a minor child and must have been without income for thirty days. Head of household must be at least 18 years of age or married, and provide proof that household has resided in Lubbock County for thirty days prior to applying for assistance. Intake by appointment only. **Required Documents:** A picture I.D. of head of household. Social Security cards of everyone residing in the household. **Rent.** Assists with payment for the current month's rent. The landlord must verbally agree to accept amounts offered by this office. We do not assist with deposits or pay any amount in arrears. Additional amounts are provided if rent includes utility services. **Utilities.** Payment on utility bills will be for the current month only. We do not assist with deposits. The utility services must be connected. Do not pay for reconnections. We do not pay telephone bills. **Food.** Before applying for an emergency grocery order, client must provide proof from the Food Stamp office showing why they are not eligible for emergency food stamps. Cannot assist a client with emergency grocery orders more than once every six months. **Burials.** The residency requirement does not apply to funerals. However, the deceased must have expired in Lubbock County to be considered for burial assistance. If a Lubbock County resident expires outside of Lubbock County, our agency cannot commit for the expense of having the body transported back to Lubbock County. If another resource can pay the expense of transporting the body then our agency would be able to take an application to see if the client would qualify

Fees/Funding: County tax supported

LUBBOCK FAITH CENTER

Address: 2809 Clovis Road Lubbock, TX 79415

Phone: 806-762-8086

Website: www.soberliving.interventionamerica.org/listing.cfm?Drug_Rehab_ID=10311

Hours of Operation: Call for hours of operation.

Description/Areas Served: Lubbock and surrounding areas

Services Offered: Substance abuse treatment services; halfway house.

Fees/Funding: Private pay; Access to Recovery

LUBBOCK HEALTH DEPARTMENT, CITY OF

Address: 806 18th Street Lubbock 79401 (Mail: P.O. Box 2000, Lubbock, TX 79408)

Phone: 806-775-2933

Fax: 806-775-3184

Website: www.mylubbock.us/departamental-websites/departments/health-department/home

Hours of Operation: Days/Hours: Monday through Friday, 8:00am-5:00pm (closed 12:00pm-1:00pm)

Description/Areas Served: City of Lubbock and surrounding areas. People from other cities and states that are in the Lubbock area and requesting testing. EVERYONE WELCOME; walk-ins are welcome.

Services Offered: STD testing including but not limited to HIV, syphilis (TPPA & RPR if needed), gonorrhea testing (GC), Chlamydia testing (CT) (through urine or genital swab/exam). Darkfield for syphilis. Throat and rectal cultures, HSV testing, Dermatology clinic to treat warts and molluscum.

Hepatitis A, Hepatitis B, HPV and Tdap vaccines are available to patients without insurance during an STD exam. Additional vaccinations are available through the City of Lubbock Immunization Clinics. Call the department for clinic dates and times. **Prevention:** Clinic HIV counseling and testing, condom distribution

Fees/Funding: \$20 per visit

LUBBOCK HOUSING AUTHORITY, CITY OF

Address: 1708 Crickets Avenue Lubbock, TX 79401

Phone: 806-762-1191

Fax: 806-762-0836

Website: www.lubbockha.org

Hours of Operation: Monday-Friday, 7:00am-12:00pm, 1:00pm-5:00pm

Description/Areas Served: City of Lubbock

Services Offered: Low income public housing; House Choice Voucher (Section 8); HUD Assistance; tax credits. Call for list of required documentation.

LUBBOCK IMPACT

Address: 2707 34th Street Lubbock, TX 79401

Phone: 806-799-4329

Contact: Wanda Brunson, Director of Operations

E-Mail: wanda@lubbockimpact.com

Website: www.lubbockimpact.com

Hours of Operation: Call for hours of operation

Description/Areas Served: City of Lubbock

Services Offered: Clothes closet; food vouchers; emergency food pantry; soup kitchen; medical clinic; and dental clinic. Also provides some medication assistance.

Fees: Service is limited to people who do not have insurance.

MISSION LUBBOCK

Address: 1711 Upland Avenue Lubbock, TX 79416

Phone: 806-687-9357

Fax: 806-687-9398

Website: www.missionlubbock.org

Hours of Operation: Food Pantry – Tuesday and Wednesday, 10:00am-2:00pm

Description/Areas Served: Yoakum, Terry, Motley, Lynn, Lubbock, Lamb, King, Hockley, Hale, Garza, Floyd, Dickens, Crosby, Cochran, and Bailey counties.

Services Offered: Food pantry – some clothing and supplies available. Loaves & Fishes program – food snack packs for school children who may not have anything to eat between lunch on Friday and breakfast on Monday at school.

MOTLEY COUNTY CLINIC HCMH

Address: 724 Dundee Avenue Matador, TX 79244

Phone: 806-347-2641

Hours of Operation: Monday-Thursday, 1:00pm-4:30pm

Description/Areas Served: Cities of Matador and Roaring Springs, Motley County

Services Offered: Lab, examinations, physicals, infections treatment

Prevention: One-on-one interventions, clinic HIV counseling and testing

Fees/Funding: Private practice, no funding, we take indigent, private pay, all insurance For prevention: indigent if Motley County resident, insurance, private pay.

MULESHOE HOUSING AUTHORITY, CITY OF

Address: 301 East 6th Muleshoe, TX 79347

Phone: 806-272-5560

Website: www.lowincomehousing.us/tx/muleshoe.html

Hours of Operation: Call for days and hours

Description/Areas Served: Muleshoe

Services Offered: Public housing

NAMI LUBBOCK

Address: 1615 28th Street Lubbock, TX 79493 (Second floor of the MHMR Community Living Center)

Phone: 806-783-9268

Contact: Brenda Martin, President

Email: namilubbock@nami.org

Website: www.nami.org/sites/namilubbock

Description/Areas Served: NAMI Lubbock, an affiliate of the National Alliance for the Mentally Ill & NAMI Texas, is a non-profit grassroots organization whose mission and vision is to help improve the lives of all persons (teens, young adults, veterans and active duty, diverse communities, LGBTQ) affected by mental illness by providing support groups, education classes, outreach programs and advocacy initiatives to Lubbock and the surrounding communities.

Services Offered: NAMI Connection is a weekly support group for people living with mental illness in which people learn from each other's experiences, share coping strategies, and offer each other encouragement and understanding. Oakwood Baptist Church, 6002 Avenue U (60th & Avenue U) Tuesdays 6:30pm-8:00pm; Fridays 12:30pm-2:00pm; FAMILY-TO-FAMILY is a support group that meets weekly for individual who have a loved one that has a mental illness. Oakwood Baptist Church, 6002 Avenue U (60th & Avenue U) Tuesdays 6:30pm-8:00pm; NAMI Monthly Program (Open to the Public) Oakwood Baptist Church, 6002 Avenue U (60th & Avenue U) Every 4th Tuesday of the month – 7:00pm-8:00pm; FAMILY LIFE SUPPORT GROUPS; Trinity Christian Church 2002 West Loop 289, Suite 102 Lubbock, TX 806-780-0003 (call for hours).

OUTREACH SCREENING & REFERRAL (FORMERLY LUBBOCK REGIONAL MHMR CENTER)

Address: 1950 Aspen Avenue Lubbock, TX 79404

Phone: 806-740-1421 **Toll-Free:** 1-800-687-7581

Website: www.dshs.state.tx.us/sa/OSAR/

Hours of Operation: Call for hours of operation

Description/Areas Served: Lubbock and surrounding area

Services Offered: Free and confidential drug and alcohol screening for adults and adolescents.

Fees/Funding: The Texas Commission of Alcohol and Drug Abuse

OXFORD HOUSE

Phone: 512-789-9446 (Lubbock) Toll-Free: 1-800-689-6411

Website: www.oxfordhouse.org; www.oxfordvacancies.com

Hours of Operation: Call for hours of operation

Description/Areas Served: Oxford House provides self-supporting, self-run, addiction recovery homes.

This is a National organization – Texas has over 175 houses. Locations include: Abilene, Arlington, Austin, Brownsville, Carrollton, Corpus Christi, Dallas, Denton, Fort Worth, Garland, Houston, Katy, Lubbock, McAllen, New Braunfels, North Richland Hills, Plano, Richardson, San Antonio, Tyler, Waco and Wichita Falls. All Oxford Houses have common characteristics: The House must be run democratically; the House must be financially self-supporting; and the House must immediately expel any member who relapses. Not going back to where a recovering addict came from may be the single most important reason for the Oxford House success story. Using this cost-effective way to improve the changes of recovery from alcoholism and drug addiction may be the best way to show the community that recovery works and that recovering addicts can become model citizens.

Services Offered: 24-hour peer support; structure; accountability; responsibility; self-efficacy; encouragement and life skills.

Eligibility Guidelines: Individual can apply to live in an Oxford House after meeting at least one of the following criteria: Completion of residential treatment; completion of clinical detox; or stable recovery, free from withdrawals.

Fees: Non-refundable up-front fee (\$100-\$200); Weekly expense (\$75-\$150) – all bill paid, plus house supplies; do not include food.

PARKRIDGE

Address: 5203 79th Street, Suite A Lubbock, TX 79424

Phone: 806-794-8555

Website: www.parkridge.org

Hours of Operation: Monday and Thursday, 10:00am-6:00pm

Description/Areas Served: Terry, Lynn, Lubbock, Lamb, Hockley, Hale, Garza, Floyd, and Crosby counties.

Services Offered: Family planning; OB/GYN services; and STD testing. Also provides confidential counseling and support programs.

PFLAG LUBBOCK (*Parents, Families, Friends of Lesbian, Gay, Bisexual & Transgender Persons*)

Address: 4501 University Avenue Lubbock, TX 79413, P.O. Box 94493 Lubbock, TX 79493-4493

Phone: 806-795-4502, 806-790-1228

Email: president@pflaglubbock.org

Website: www.pflaglubbock.org

Days/Hours: Call for hours of operation

Description/Areas Served: Call for areas served.

Services Offered: Providing support to cope with an adverse society; education to enlighten an ill-informed public; and advocacy to end discrimination and to secure equal civil rights.

PLAINVIEW-HALE COUNTY HEALTH DEPARTMENT

Address: 111 East 10th Street Plainview, TX 79072

Phone: (806) 293-1359

Hours of Operation: Monday – Friday, 8:00am-5:00pm

Description/Areas Served: General public residing in Hale County only

Services Offered: Anonymous HIV testing, confidential HIV testing, prevention counseling, individual

ongoing counseling (not prevention counseling), health education/risk reduction, HIV prevention education, STD prevention education, peer education, HIV early intervention, STD clinical services, nurse on-site, hepatitis testing, hepatitis treatment, hepatitis education/counseling, Hepatitis A vaccine-adults and children, Hepatitis B vaccine-adults and children, TB testing, TB treatment, pregnancy testing, on – site laboratory diagnostics (limited), immunizations, blood pressure, glucose, cholesterol testing and counseling. Call for current immunization fees.

PLAINVIEW HOUSING AUTHORITY, CITY OF

Address: 1600 North Date Plainview, TX 79072

Phone: 806-293-1104

Website: www.publichousing.com/city/tx-muleshoe

Hours of Operation: Call for hours of operation

Description/Areas Served: Plainview

Services Offered: Public Housing

PLAINVIEW SERENITY HALFWAY HOUSE

Address: 806 El Paso Street Plainview, TX 79072

Phone: 806-293-9722

Hours of Operation: 24 hours daily, Administrative offices: Monday-Friday, 8:00am-5:00pm

Description/Areas Served: Texas Panhandle (Region 1)

Services Offered: Alcohol-drug treatment; adult intensive/adult supportive residential, adult outpatient, women and children intensive residential, age 18 and over.

Fees/Funding: DSHS, TDCJ, United Way

RANCH AT DOVE TREE

Address: 1406 County Road 5800 Lubbock, TX 79403

Phone: Toll-Free: 1-800-218-6727

Website: www.dovetreeeranch.com

Hours of Operation: 24 hours, 7 days a week

Description/Areas Served: Call for areas served

Services Offered: Drug and alcohol recovery program: residential, partial day, outpatient

Fees/Funding: TCADA licensed; most major insurances are accepted.

REGENCE HEALTH NETWORK, INC. (FQHC)

Description/Areas Served: Bailey, Castro, Crosby, Deaf Smith, Floyd, Hale, Lamb, Parmer, Potter, and Swisher

Services Offered: Federally Qualified Health Center, check each individual site for services provided: services include laboratory, diagnostic testing, eligibility assistance, general primary medical care, gynecology, pharmacy, dental, social services, family planning, HIV/AIDS testing and counseling, health education, integrated eligibility, immunizations, mental health treatment counseling, obstetrics, outreach, prenatal and postpartum care, substance abuse treatment/counseling, urgent medical care, vision and hearing screening, and WIC clinics: The service sites are as follows:

SOUTH PLAINS HEALTH PROVIDER

Address: 2801 West 8th Plainview, TX 79072

Phone: 806-293-8561 or 800-766-8599

Website: www.regencehealth.net

Muleshoe Clinic

Address: 208 West Second Street, Muleshoe, TX 79347- 3631

Phone: 806-272-5538 Call for dates and times County: Bailey

Plainview Covenant Hospital – John Anderson Building

Address: 2601 Dimmitt Rd., Plainview, TX 79072-6743

Phone: 806-293-8651

Plainview Dental Clinic

Address: 2801 West 8th St., Plainview, TX 79072-6743

Phone: 806-293-0921 or 806-293-8561 Call for dates and times

Plainview WIC Clinic

Address: 715 Amarillo St., Plainview, TX

Phone: 806-293-0182

Hours of Operation: Call for dates and times

SALVATION ARMY, THE

Address: 1111 16th Lubbock, TX 79401

Phone: 806-765-9434

Website: www.salvationarmylubbock.org

Email: robert.parker@uss.salvationarmy.org

Hours of Operation: Call for hours for Social Services, 24 hours/7days for shelter

Description/Areas Served: City of Lubbock and surrounding areas

Services Offered: Community Soup Kitchen: Breakfast and dinner, 365 days per year, to non-sheltered and low- income individuals; Christian Church Services: Sundays at 11:00AM, call for information on other church programs; Disaster Alert Response Team (DART): Aid to victims of disaster (food, fluid, counseling); Family Services: Clothing, food vouchers, financial assistance for utility bills, rent/mortgage payments, and prescriptions; Family Thrift Store: To help fund programs; Seasonal Activities: Back-to-school, holiday meals, Christmas Angel Tree, Red Kettle Programs, summer camp programs; Shelter Services: Currently offers 84 shelter beds through the Red Shield Home program: Emergency Sheltering, Transitional Sheltering, and Transitional Housing

Fees/Funding: Donations, grants, United Way, Gift in Kind

SOUTH PLAINS COMMUNITY ACTION ASSOCIATION, INC./PROJECT CHAMPS LUBBOCK

Levelland Address: 411 Austin Levelland, TX 79336 (Mail: P.O. Box 610, Levelland, TX 79336)

Levelland Phone: 806-894-6104

SPCAA Project CHAMPS Lubbock Address: 3307 Ave. X Lubbock, TX 79411

SPCAA Project CHAMPS Lubbock Phone: 806-771-0736 toll free 866-PCHAMP

Brownfield Address: P.O. Box 1394 Brownfield, TX 79316-1394

Brownfield Phone: 806-637-3712

Website: www.spcaa.org

Hours of Operation: Monday-Friday, 8:00am-12:00pm, 1:00pm-5:00pm. Call for more information.

Description/Areas Served: Bailey, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, Lubbock, Lynn, Motley, Terry, and Yoakum. *****CALL FIRST AS EACH PROGRAM COVERS DIFFERENT AREAS*****

Services Offered: **Health service programs** to pregnant women, the elderly, children and infants and the physically challenged through WIC, Home Health Care, Family Planning, Senior Companion, Class programs and Project CHAMPS for HIV/AIDS services. For Project CHAMPS services, must have an HIV diagnosis and be a Texas resident: payer of last resort for HIV/AIDS outpatient medical care including labs for CD4 and viral loads, AIDS medication assistance, health insurance assistance, case management, medical transportation, housing and utilities assistance, health education and risk reduction, oral health care, home health care, and hospice services.; **Child Care Services:** assists individuals that are working or attending school pay for a portion of child care cost. Please call 806-744-3572 for an appointment to determine eligibility and to find out what counties are covered.; **SPCAA Head Start:** Head Start and Earl Head Start for income eligible families for children ages 3 and 4. Call 800-658-9632 or 806-894-2207 for information.; **Community Services Program:** Assists low-income individuals' transition out of poverty and work toward self-sufficiency through Case Management, Information and Referral, and Emergency Services. (806) 894-4560 x205; **Transportation Program:** SPARTAN Public

Transportation provides in-town and out-of-town trips for residents in certain counties. Call 800-462-8747;
Housing Programs: South Plains Regional Housing Authority: includes Section 8 and Section 8 New
Construction (elderly/disabled complexes). Call 806-894-5153 for information and counties served.;
Workforce Program: Workforce Solutions of the South Plains, call 866-765-5038.

SOUTH PLAINS FOOD BANK

Address: 5605 MLK Boulevard Lubbock, TX 79404

Phone: 806-763-3003

Fax: 806-741-0850

Contact: David Weaver (Chief Executive Officer)

E-Mail: dweaver@spfb.org (General inquiries)

Website: www.spfb.org/

Hours of Operation: Call for hours

Services Offered: Food assistance, some toiletries; mobile pantry program; Kids Cafe **Days/Hours:** Call for hours

METROPOLITAN COMMUNITY CHURCH (MCC) OF LUBBOCK (A partner of South Plains Food Bank) CURRENTLY INACTIVE.

Address: 4501 University Avenue Lubbock, TX 79413

Phone: 806-792-5562

Fax: 806-792-4238

E-Mail: mcclubbocktx@aol.com

Website: www.mcclubbock.org

Hours of Operation: Tuesday, Wednesday & Friday 11:00am-3:00pm (office hours); Food Bank hours: Friday 1:00pm-3:00pm – Must provide photo ID, Social Security Number and Proof of Residence

Services Offered: Spiritual help, counseling and referral (sliding scale beginning at \$25), rental assistance, food bank/vouchers (available every two weeks)

SOUTH PLAINS PUBLIC HEALTH DISTRICT/BROWNFIELD PUBLIC HEALTH CLINIC

Address: 919 East Main Street, Brownfield, TX 79316

Phone: 806-637-2164

Contact: Angie Perez, Administrative Assistant

Email: aperez1@spphd.org

Website: www.southplainshealth.org

Hours of Operation: Monday-Friday, 8:00am-5:00pm (closed 12:00-1:00); Late Clinic: Immunizations – 4th Monday of each month 8:00-6:00pm; Family Planning – 4th Tuesday of each month 8:00am-12:00pm & 1:00pm-6:00pm

Description/Areas Served: Yoakum, Terry, Gaines and Dawson

Services Offered: Immunizations – Children and Adults.; Primary Health Care – Acute care, hypertension, thyroid dysfunction, asthma, Well Woman Care, children under 18.; Family Planning – birth control, Pap Smears, pregnancy testing.; STI – Education and counseling; testing; treatment.; TB Control – Skin tests for high risk individuals, lab work, treatment.

Fees/Funding: Some services are free (call for details); some services are based on a person's income (sliding scale); Medicaid is accepted for some services; no one is refused services for inability to pay (arrangements can be made for payments).

SOUTH PLAINS RURAL HEALTH SERVICES, INC. (SPRHS)

Address: 112 John Dupree Street Levelland, TX 79336

Phone: 806-894-7842 ext. 104 or ext. 138

Website: www.sprhs.org

Hours of Operation: Medical Clinics: Monday through Friday 8:00am-12:00pm and 1:00pm-5:00pm.

Dental Clinic: Monday through Thursday 8:00am-5:00pm; Friday 8:00am-12:00pm (no break for lunch).

South Plains Rural Health Services, Inc. (SPRHS)

Address: 1000 FM 300, Levelland, TX 79336

Phone: 806-894-7842

South Plains Dental Services (SPRHS)

Address: 1005 N. 16th Street, Levelland, TX 79336

Phone: 806-872-6310

Hours of Operation: Monday through Thursday 8:00am-5:00pm; Friday 8:00am-12:00pm (no break for lunch).

Lamesa Primary Care Clinic (SPRHS)

Address: 1502 North Avenue K, Lamesa, TX 79331

Phone: 806-872-3069

HOWARD COUNTY COMMUNITY HEALTH CENTER

Address: 1300 S. Gregg, Big Spring, TX 79720

Phone: 432-517-4557

Description/Areas Served: Hockley, Dawson, Cochran, Lynn, Terry, Yoakum, Howard, Gaines, and Lamb.

Services Offered: South Plains Rural Health Services maintains service sites and provides services such as dental, pediatric, family planning, optical, pharmaceutical, behavioral health (counseling), primary medical care, pharmacy, OB/GYN, and food bank.; **Services for infants, children, and teens**, include well baby checks, anemia checks, immunizations, physicals, monitoring of growth and development, acute care, services related to emerging sexuality and pregnancy prevention and information on health issues.;

Services for adults include access to prenatal care, education on and treatment of chronic conditions, screening for at-risk conditions such as diabetes, obesity, high-blood pressure, and management of diabetes through counseling with diet, exercise and medication.;

Family Planning Services includes breast exams, pap smears, testicular cancer screening, birth control methods, pregnancy testing and counseling, sexually transmitted diseases, HIV testing and counseling, referral for prenatal and other medical care, teen services.;

Behavioral Health Services are provided by a licensed professional counselor (LPC) who has experience with mental health therapy and substance abuse counseling to adults, adolescents, preadolescents in both residential and outpatient settings. Counseling is available for all ages for children, teens, adults and seniors. Therapeutic interventions are available for depression, anxiety, anger management, domestic violence, substance abuse, stress, behavioral problems with children, sexual problems, self-harm, managing bipolar disorder, trauma, grief and loss, family/relational issues, court stipulated interventions. A Spanish interpreter is available.;

Dental Services include hygiene appointments, cleanings, sealants, fluoride treatments, oral health and dietary information, x-rays, extractions, restorative dental services such as fillings and crowns, dentures, partials, bridges, root canals. Call for an appointment and plan to arrive at least minutes before the scheduled appointment to fill out paperwork. In Levelland call 806-894-7842 ext. 143 and Lamesa call 806-872-6310.;

Food Bank services require a form of identification, proof of residency, proof of income. If you receive Medicaid, bring your Medicaid card with you because you already qualify. If you receive SNAP (food stamps) you already qualify. Bring proof of SNAP eligibility.;

Prevention: Clinical HIV counseling and testing, posters/brochures, small group presentations, condom distribution: funded by HRSA BPHC, DSHS PHC/FP Grant.

Fees/Funding: SPRHS accepts all major medical insurance including Medicare, Medicaid, Blue Cross Blue Shield. All services are discounted based on family size and income. Individuals may also qualify for free family planning services.

STARCARE SPECIALTY HEALTH SYSTEM

Address: 904 Ave. O Lubbock, TX 79401; P.O. Box 2828 Lubbock, TX 79408-2828)

Phone: 806-766-0310; Toll Free: 1-800-658-6198 for all services; Crisis Line: 806-740-1414; Toll-Free: 800-687-7581; Routine Services (Intake, Screening & Assessment): 806-740-1421

Website: www.starcarelubbock.org

Hours of Operation: OSAR Open Access every Friday 8:00am-1:00pm; MH Open Access every Tuesday & Thursday 8:00am-12:00pm

Description/Areas Served: Cochran, Crosby, Hockley, Lubbock and Lynn

Services Offered: A variety of services provided to the general public, call for specific information. Some of the services provided include:

Sunrise Canyon Behavioral Health Network: Sunrise Canyon, 1950 Aspen, Lubbock, TX 79403 (mental health, includes inpatient);

Star Abilities (formerly Intellectual & Developmental Disabilities): 3804 Interstate 27, Lubbock, TX (includes day habilitation, respite, supported living);

Jail Diversion Plan: In collaboration with Lubbock County Sheriff Department and Lubbock County Juvenile Justice Center. Operations Office: 1950 Aspen Avenue, Lubbock, TX;

Outreach Screening & Referral: Free and confidential drug and alcohol screening for adults and adolescents. Phone: 806-740-1421 or 1-800-687-7581; Funded by: The Texas Commission of Alcohol and Drug Abuse;

HIV/STD Outreach: Street outreach, prevention education, confidential and free HIV and syphilis testing, free condoms; Phone: Kris (806) 626-4385 or Lindsay: 806-336-7576 Address: Business hours: Vary, call first Area served: Lubbock County, Plainview, Floydada, Lamesa, Brownfield Funded by: Texas Department of State Health Services;

Project APPLE (Assisting Parents with Prenatal/Postpartum Learning and Education): intervene with substance use/abuse or at-risk pregnant and postpartum adult and adolescent women. Phone: 806-766-0416, Business Hours/Eligibility: Call for information.;

PADRE Program (Parenting, Awareness, and Drug Risk Education Phone: 806-766-0416 Business Hours/Eligibility: Call for information;

Silver Star Health Network (formerly La Paloma): PACE Program(Program of All-Inclusive Care for the Elderly) Address: 4010 22nd Street, Lubbock, TX 79410; Phone: 806-740-1500 or 806-767-1738 or 806-767-1736; Eligibility requirements: 55 years and older, live in Lubbock County, medical needs determination, live safely at home: staff is available to assist in the program and financial eligibility process.; Services provided: Comprehensive medical services, prescriptions, hospitalizations, transportation, home health care, activity center, therapeutic pool, physical therapy, and wellness.; Funded by: Medicaid, Medicare, private pay.;

PATH Program: Housing assistance program for homeless people with mental health issues. Call 806-766-0310 for more information ask for Diamond Garcia.;

TEXAS A&M/AGRILIFE EXTENSION

Address: 578 John Kimbrough Boulevard College Station, TX 77843

Phone: 979-845-3850

Fax: 979-845-6496

Contact: Diana Duarte 806-723-8440

Email: diana.duarte@ag.tamu.edu

Website: <http://fcs.tamu.edu>

Hours of Operation: Call for hours

Description/Areas Served: Lubbock and surrounding areas

Services Offered: Friend-to-Friend Program provides breast and cervical cancer education, screening and diagnostics. They provide Mammograms and Pap Tests to uninsured/underserved women in rural counties.

TEXAS DEPARTMENT OF STATE HEALTH SERVICES (DSHS)–PUBLIC HEALTH REGION 1

Address: 6302 Iola Avenue Lubbock, TX 79424

Phone: 806-783-6420

Website: www.dshs.state.tx.us/

Hours of Operation: Monday-Friday, 8:00am-5:00pm

Description/Areas Served: Northern A1 counties of the Texas Panhandle

Services Offered: We provide to the general public anonymous and confidential HIV testing, prevention counseling, health education/risk reduction, HIV prevention education, STD prevention education, TB treatment, disease intervention, partner elicitation and notification services, brochures, videos.

Provides services to children with special health care needs, family health services, immunizations, Texas Health Steps, visions and hearing screenings. For information on the Texas HIV Medical Program (THMP) call 1-800-255-1090.

Fees/Funding: State of Texas

TEXAS TECH PSYCHOLOGY CLINIC

Address: 18th & Boston Avenue Lubbock, TX 79409; TTU Psychology Clinic Box 42051 Lubbock, TX 79409-2051

Phone: 806-742-3737

Fax: 806-742-3799

Email: psychology.clinic@ttu.edu

Website: www.depts.ttu.edu/psy/clinic

Hours of Operation: Monday 8:30am-5:00pm; Tuesday and Wednesday 8:30am-8:00pm; Thursday 8:30am- 3:30pm & 5:00pm-8:00pm; Friday 8:30am-5:00pm

Description/Areas Served: Supervised graduate students working on their Ph.D. providing convenient and affordable psychological services to area residents.

Services Offered: A broad range of behavioral, emotional, cognitive, developmental, lifespan, health-related, family-of-origin, and interpersonal issues can be addressed for adults, adolescents and children. The clinic is NOT a crisis center and, therefore, is not equipped to meet the needs of individuals who require 24-hour support.

Fees: Fees are determined on a sliding fee scale based on income and family size. Individuals are required to provide proof of income at the time of the intake session. The fee for an initial intake interview and testing is \$25.00 for all clients. TTU or TTUHSC faculty and staff receive a 10% fee reduction (this discount does not extend to family members). Individuals who elect to participate in research projects will receive a 25% fee reduction.

TEXAS TECH UNIVERSITY STUDENT HEALTH SERVICES

Address: 1003 Flint Avenue Lubbock, TX 79409

Phone: 806-743-2848

Fax: 806-743-2122

Website: <http://www.ttuhs.edu/studenthealth/>

Hours of Operation: Monday-Friday 8:30am-5:30pm

Description/Areas Served: Texas Tech only

Services Offered: Medical care to Texas Tech students only (undergrad, grad and Law School) includes some prevention such as clinic HIV counseling & testing, 1-on-1 interventions.

Fees/Funding: Student fees, insurance billing

TRINITY OUTREACH CENTER

Address: 3027 34th St. Lubbock, TX 79410

Phone: 806-788-0501 (See appointment requirements under services provided) 806-792-3363

Website: www.trinityoutreachlubbock.com

Hours of Operation: Food Pantry: Monday and Tuesday 9:00am-11:00am & 1:00pm-4:00pm; Wednesday and Thursday 9:00am-11:00am; Clothing Storehouse: Tuesday through Thursday 9:00am-11:00am

Description/Areas Served: South Plains region – do not limit based on location.

Services Offered: Food Pantry – walk-ins welcome. For food pantry you must bring ID, proof of

address, and the Social Security number for all persons in the household. Clothing Storehouse – clothing and household goods; can shop up to three times each year. Ministry life coaching (biblical); budgeting classes; referral to services – call for eligibility requirements.

Fees/Funding: Church, donations

UNIVERSITY MEDICAL CENTER (UMC) RESOURCE CENTER

Address: 3601 4th Street Lubbock, TX 79430

Phone: 806-775-8200 For “Blue Card” indigent assistance 806-775-9014 or 800-383-8039

Website: www.umchealthsystem.com

Hours of Operation: Call for hours of operation

Description/Areas Served: Call for areas

Services Offered: Health care, pharmacy, women’s health, and digestive diseases.

WEST TEXAS CENTER FOR MHMR

Address: 319 Runnels Street Big Spring, TX 79720

Phone: 432-264-2650 Crisis hotline 24 hours: 800-375-4357

Contact: Shelley Smith, LMSW, CEO

E-Mail: wtcvoice@yahoo.com

Website: www.wtcmhmr.org

Hours of Operation: Clinic hours Monday-Friday, 8:00am-5:00pm

Description/Areas Served: Andrews, Borden, Crane, Dawson, Fisher, Gaines, Garza, Glasscock, Howard, Kent, Loving, Martin, Mitchell, Nolan, Reeves, Runnels, Scurry, Terrell, Terry, Upton, Ward, Winkler, and Yoakum Counties

Services Offered: Services and supports for people with mental illness and/or intellectual and developmental disabilities. Adult Mental Health includes crisis intervention, case management, psychiatric evaluation and consultation, hospital screening, medication management, supported housing and employment, psychiatric rehabilitation, assistance with accessing benefits. Children’s Mental Health includes psychiatric evaluations and screenings, case management, medication monitoring, social skills training for children and adolescents, parenting skills training, family counseling, home and school based intervention, assistance with Medicaid applications. The Intellectual and Developmental Disabilities Services (IDD) include day programming, employment assistance, service coordination, self- help skills training, respite, residential support, assistance with transitioning from schools, Home and Community Based Services, Texas Home Living Waiver Services. For IDD services call 1-888-831-6618 or 432-263-9700.

Fees/Funding: TX DSHS

WOMEN’S PROTECTIVE SERVICES OF LUBBOCK, INC.

Address: P.O. Box 54089 Lubbock, TX 79453

Phone: 806-747-6491 Toll-Free: 800-736-6491

Contact: Jason Henry, Executive Director

Website: www.wps.lubbock.org

Hours of Operation: Office hours: Monday-Friday, 8:00am-5:00pm; Shelter 24-hours daily

Description/Areas Served: Lubbock

Services Offered: Crisis intervention, shelter, food, clothing, medical assistance, transportation, individual and group counseling, legal advocacy, social services referral, employment assistance, housing assistance, education assistance, and community education. Shelter provides resident and non-resident services to victims of domestic violence and their children.

Fees/Funding: WPS programs and services are funded by the Texas Health & Human Services Commission, VOCA, VAWA, Office of the Attorney General, Lubbock Area United Way, Fundraising revenue, private foundations, and general contributions.